Larcenies from Lockers at Local Gyms

There have been recent reports of larcenies from lockers at local gyms in the Woodbridge/Dale City area. Suspects have entered the gyms, bypassed the front desks and proceeded to the locker rooms where they targeted unsecured lockers. Various items were taken to include vehicle keys, cash, credit cards, drivers’ licenses, cell phone chargers and clothes.

To reduce locker room theft, there are certain precautions to take.

Leave valuables at home. When feasible don’t store valuables in your locker, however, sometimes it’s unavoidable to do so. Thieves who continuously come up empty handed when breaking into lockers are likely to turn their attention somewhere else.

Invest in a quality lock. A cheap lock that’s easily cut, picked, or otherwise compromised can be tempting to thieves looking for an easy target. Instead, purchase a heavy-duty lock from a quality manufacturer.

Choose a locker in a visible area. Although the entire locker room should feel like a safe place, based on its design, there may be some areas that are more prone to criminal activity. The back corners, for example, could provide ample coverage for a thief to feel concealed enough to attempt breaking into a locker. Choose a locker that’s in the open and next to other lockers in use.

Remember to use your lock and secure the locker. Leaving the locker unsecured will leave your gear and other items vulnerable to be stolen.

Please remember to report all suspicious activity immediately.