Minutes of Regular Meeting  
April 23, 2019  
Woodbridge Senior Center  
13850 Church Hill Drive, Woodbridge, VA 22191

Present:  Cynthia W. Bailey, Brentsville District  
Len Postman, Coles District; Vice Chair  
Robert D. Chase, Gainesville District  
Lana Tobey, Occoquan District  
Sandra Dawson, Woodbridge District; Chair  
Raymond Beverage, City of Manassas; Secretary  
Charlie Montgomery, City of Manassas Park  
Ed Harrison, Prince William Area Agency on Aging  
Alleen Bagley, President, Friends of Senior Center at Woodbridge  
Brenda Carswell, AARP  
Diana Paguaga, Commonwealth Council on Aging

Absent:  Edna Garr, Neabsco District  
Nancy West, Potomac District  
Norman Thornton, Representative At-Large

Visitors:  Legal Services of Northern Virginia: Jim Ferguson, Bennent Downey, and Kaitlin Walker  
Vermelle Wynn, Citizen

1. Meeting was called to order at 10:00 a.m. with introductions made. Ed Harrison is representing Sarah Henry, the Agency Director, who is attending a meeting of the Virginia Association of Area Agencies on Aging (v4a).

2. Citizens Time:  No one spoke.

3. Guest Speaker/Presentation:  Jim Ferguson, Esq.; Executive Director, Legal Services of Northern Virginia (LSNV).

   a. Jim provided an overview of LSNV and the practice areas. LSNV is a nonprofit, legal-aid organization whose mission can be summed up as “access to justice”. He emphasized they do civil law matters not criminal law. Population served includes the Low Income, Elderly, and Disabled. During the presentation, Bennent and Kaitlin also spoke to various aspects of services.
b. The practice areas include Family Law, Housing Disputes, Consumer (garnishments, bankruptcy, etc.), Elder Law, Employment Law, and Public Benefits (appeals). They also specialize in matters related to HIV/AIDS and Human Trafficking.

c. Financial Qualification: services are “entirely free” to those with household income of 200% or below the Federal Poverty Level. Approximately those who make $35,000 and below. Exception is Older Americans Act Funding; no financial eligibility test under the Act.

d. LSNV does receive referrals via the No Wrong Door (NWD) network. Persons age 60 and older receive advice & counsel at a minimum. Assistance provided with simple Wills (no estate planning), Powers of Attorney, and Advance Directives. Referrals are made to other law practices if additional services are needed.

e. Kaitlyn is the Elder Law Attorney with her office located in the City of Manassas. She reviewed what services she provides under the provisions of Title III of the Older Americans Act. She does go to each Senior Center approximately four times a month. Charlie asked if something could be set up at the Manassas Park Community Center and Jim said it could be arranged.

f. Further Information:
   • Website (which includes an online application for assistance): https://www.lsnv.org/
   • Telephone: 1-866-534-5243

4. Administrative Items:

   a. Review of Administrative Items in the folder. Informational Items will be reviewed under a separate Agenda Item. Administrative Items may include: Agenda, Monthly Meeting Minutes, Executive Committee Minutes, any items Entered for the Record, the COA Roster, and the COA Calendar.

   b. Minutes dated March 26, 2019, accepted by uniform agreement.

5. Director's Time: Ed provided the following updates.

   a. The Older Americans Month Celebration will be May 10th, 10:00 a.m. to 2:00 p.m. at Camp Snyder. Sign-up sheets are out. As of today, Woodbridge has two on a Wait List and Manassas has thirty-five available slots.

   b. The Alzheimer's Association 3rd Annual Caregivers Conference is May 4th. Flyer is provided in the handouts.

   c. The Woodbridge Senior Center’s “Senior Prom” went well.
d. Agency Programs & Services Report: Ed related how Sarah had concerns the data for the report period was not right. Sandra tabled further discussion until our meeting on May 28th when we will have the report.

6. Chairperson's Time:

   a. Sandra reviewed the PWC Human Services Boards, Commissions & Committees meeting on April 22nd (see handouts). Sandra, Len and Raymond attended. Presentation by PWC DSS to be e-mailed out. The presentation on the PWC Human Services No Wrong Door Study has been previously provided to the COA. Next meeting is June 27th, 9:30 a.m. in the Locust Shade Conference Room, Ferlazzo Building. This meeting to immediately follow the Housing Board Meeting.

   b. Copies of the Lifestyle magazine were provided. This edition focused on “Special Needs Awareness & Resources”. Website: www.piedmontlifestyle.com


8. Standing & Informational Committee Reports (not all have monthly reports):

   a. Housing Board: no report.

   b. Northern Virginia Aging Network (NVAN): April 16th meeting was for the 2020 Legislative Brainstorming Session. Items from that session will be e-mailed out prior to the May 21st meeting where vote will be taken on three legislative and three budget items.

   c. Friends of Senior Center at Manassas: Len provided information on the May 17th Talent Show. This will be the first Summer evening event with more to follow. Jewelry Sale will be 6 & 7 May. Solitaires event restarted. Scholarships closed Friday and there are a couple of applicants.

   d. Friends of the Senior Center at Woodbridge: Alleen related how the Gospel Group is visiting long-term care facilities. Our Line Dances are also going around. Jewelry sale was on April 5th and the Craft Room raffle was on April 11th. Table Tennis has started at the Center. Alleen extended kudos to Corey, the Recreational Specialist at the Center for the great ideas.


10. Review of Informational Items in Folder and Commission Members Announcements.

11. Items for the May 28, 2019, Meeting's Agenda:

   a. Meeting will be at the Manassas Park Community Center.

   b. Presentation by Prince William Health District.
c. COA Calendar Year 2020 Meeting Dates.

12. Meeting adjourned at 11:40 a.m.

* * * Original Signed * * *

May 28, 2019

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Approved: ___________________

Raymond M. Beverage, Secretary

Listing of Handouts in Record Copy (available upon request to the Secretary):
1. Agenda for April 23, 2019

2. Guest Speaker/Presentation:

3. Administrative Items:
   - Regular Meeting Minutes dated March 26, 2019
   - Executive Committee Minutes dated April 9, 2019
   - COA Meeting Schedule for 2019 with Topic & Recurring Items
   - COA Local Government Appointee & Prince William Area Members Roster

4. Director’s Time:

5. Chairperson’s Time:

6. Human Services Boards, Commissions & Committees 2020 Legislative Initiatives Meeting
   - Agenda for April 22, 2019
   - 2019 Human Services Boards, Commissions and Councils’ Legislative Initiatives
   - Other Important Actions of Note (2019 General Assembly Session)

7. Informational Items:
   - Extract: VACo County Connections 04/05/2019. “Mental Health Study Commission Kicks off 2019 Work”
       • NCR TPB Memorandum dated March 14, 2019; Subject: Addressing the Region’s Capacity for Additional Housing.
       • MWCOG Memorandum dated September 5, 2018; Subject: Meeting the Region’s Current and Future Housing Needs
     - City of Manassas Resolution No. R-2019-50; Re: Recognize the Benefits and Value of Regionalism In the National Capital Area. Approved during Council’s April 22, 2019, Session.
     - Flyer: ACTS Home Delivery Program with Program Guidelines.
8. **Upcoming Events**:
   - May 4th – 3rd Annual Dementia Caregiver Conference
   - May 13th – VDOT | DRPT Public Meeting in NOVA on “Funding the Right Transportation Projects”
   - May 18th – Older Adult Mental Health Awareness Day event (In-person or Webcast)
   - May 15th – Transitions: Resources for Aging Gracefully at Potomac Mills Mall
   - June 3rd – 15th Annual Conference of the Area Planning and Services Committee for Aging With Lifelong Disabilities

**AGENDA**

Regular Monthly Meeting  April 23, 2019  10:00 a.m. - 12:00 p.m.
Woodbridge Senior Center, 13850 Church Hill Drive, Woodbridge, VA 22191

1. Call to Order  
   Time Certain: 10:00

2. Pledge of Allegiance

3. Citizens Time  
   10:05

4. Guest Speaker/Presentation:  
   Jim Ferguson, Esq.; Executive Director, Legal Services of Northing Virginia

5. Administrative Items  
   10:35
   A. Review of administrative items folder contents – Secretary
   B. Approval of Meeting Minutes dated March 26, 2019

6. Director’s Time  
   A. Announcements  
   B. Agency Programs & Services Report for the Period 1 July 2018 – 31 March 2019  
   10:40

7. Chairperson’s Time  
   A. Announcements  
   11:00

8. Old Business - None.  
   11:30

9. Standing and Informational Committee Reports (not all have monthly reports)  
   11:40
   A. Housing – Sandra Dawson, COA member of the PW Housing Board
   B. Northern VA Aging Network – Raymond Beverage  
      (1) April 16, 2019: 2020 Virginia Legislative Brainstorming Session
      (2) Next Meeting: May 21, 2019 Vote on 2020 Virginia Legislative Priorities
   C. Friends of the Senior Center Manassas – Len Postman
   D. Friends of the Senior Center Woodbridge – Alleen Bagley

10. New Business  
   11:50
11. Review of Information Items in Folder & Commission Members Announcements 11:55

12. Items for the May 28, 2019, Meeting’s Agenda:
   A. Meeting at Manassas Park Community Center
   B. Presentation by Prince William Health District
   C. COA 2020 Meeting Calendar

13. Adjournment 12:00

   Next Executive Committee Meeting: 9:30 a.m., May 14th, DSB Room 107B
   Next Commission Meeting: 10:00 a.m., May 28th, Manassas Park Community
   Center, 99 Adams Street, Manassas Park, VA