Present: Raymond Beverage, Chair and Secretary
Mary Jo Shufelt, Vice Chair
Sandra Dawson, Executive Committee Member
Len Postman, Executive Committee Member
Sarah Henry, Acting Area Agency on Agency Director

Absent: None.

Visitors: None.

1. Meeting called to order at 9:35 a.m.

2. Agenda Review:
   a. "Brainstorming" for the COA 2016 Legislative Program: Tracy Gordon, PWC Legislative Liaison, will be unable to join us as she will be attending a meeting out of the area. Raymond will lead the session and bring along his chart pak and easel for recording. All attendees will be welcome to contribute suggestions.
   b. Raymond will also report on his meeting with the Potomac Health Foundation's Executive Director and Grant Manager on Thursday, June 11th. He has been asked to come and provide background on the Prince William Area Mobility Management Plan (our Area-wide Human Services Mobility Plan) and discuss the "Wheels to Wellness" Program. The Program funding ends on June 30, 2015. Discussion of the Program.
   c. Balance of Agenda reviewed with no significant additions or changes.

3. Director's Time:
   a. Area Plan for Aging Fiscal Year 2016: this is the Older Americans Act Title III annually required plan to be submitted to VA Department for Aging & Rehabilitative Services - Division on Aging. Not much change in terms of format or content from current Fiscal Year. The Contracted Dietitian position: Three Phases in the scope of work will continue if funding is available. Sandra reviewed the phases as follows:
      • Phase I is review of the Menus for compliance with Standards.
      • Phase II is the ongoing One-on-One Counseling
• Phase III is counseling of our Meals-on-Wheels recipients. Counseling includes over the telephone.

b. Len raised the concern about the Senior Center@Manassas Garden Center Program and the use of the vegetables and herbs by the Cook. Purpose of the Garden, as has been previously approved, is to use the products in the Meal Programs. Discussion and Sarah will follow up with Center Staff.

c. The County Executive is moving to posting the announcement for the AAA Director Position. Mary Jo asked if someone from the COA could be involved in the selection with discussion of the County procedures. **Action:** Raymond has been asked to speak with Mr. Elijah Johnson, Assistant County Executive for Human Services, about possible COA involvement.

d. Senior Center Updates:

(1) Woodbridge will be closed per norm from June 29th through July 3rd, and for an additional two weeks. Bathroom renovations will be occurring during the closure.

(2) Manassas also closed per norm from June 29th through July 3rd. Groundbreaking on the addition still looking toward late Summer/early Fall to occur.

(3) Interviews occurring for the Full-Time Cook position at Woodbridge.

e. Chronic Disease Self-Management Program (CDSMP) and Diabetes Self-Management Program (DSMP):

(1) The DSMP classes, using the US Centers for Disease Control evidence-based model, will begin in September. Classes to start at the Senior Center in Manassas, then six months later, in Woodbridge.

(2) The CDSMP, in partnership with **Aging Together** in Culpeper is in the process of coordinating and setting a schedule. Jennifer Schock-Bolles, Executive Director of Project Mend-A-House, is a Virginia Certified Trainer and is working with Agency Staff.

f. **Transitions: An Informational Expo on Aging Gracefully** is on June 17th at the Continental Event Center. This is the second year for the event in partnership between the Agency and the Prince William Chamber of Commerce.

g. Upcoming Event, September 26, 2015: The Agency is partnering with the ARC of Greater Prince William for a Caregiver Event to be held at the McCoart Building. This will be open to all Caregivers and will be about a three hour event. Sarah related this will be funded using Federal Funding received for Caregiver Support. More details to follow.

4. **Chairperson's Time:**
a. Proposed Veterans Care Center: the COA statement of support will be given during the Prince William BOCS session on June 16, 2015, during the Public Hearing on the proposed Center. Statement will be sent out to the COA for review/comment prior to Raymond delivering it on behalf of the COA.

b. Review of the Survey Results from *Conversation on Aging 2015*:

(1) Raymond provided a copy of the Survey results received from Sarah. There were 213 people who completed the Survey (compared to the 2010 Survey where there were 303 respondents). Although a low response rate, does have value to include marketing of programs as this year the focus was on Recreation and Socialization.

(2) Discussion of the results. Raymond will convert the printout into the same format used for 2010, and also do some comparison with the prior survey results.

5. Other Items of Interest: Len has been elected as both the President and Secretary, Friends of the Senior Center at Manassas.

6. Meeting adjourned at 11:10 a.m.

* * * Original Signed * * *

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Raymond M. Beverage, Secretary

Date: June 9, 2015