



Prince William  
Health District

# Prince William Health District

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## Information Update

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### The Prince William Health District What You Should Know:

#### What is hypothermia?

- Hypothermia is caused by prolonged exposures to very cold temperatures. When exposed to cold temperatures, your body begins to lose heat faster than it's produced. Lengthy exposures will eventually use up your body's stored energy, which leads to lower body temperature.
- Body temperature that is too low affects the brain, making the person unable to think clearly or move well. This makes hypothermia especially dangerous, because a person may not know that it's happening and won't be able to do anything about it.
- While hypothermia is most likely at very cold temperatures, it can occur even at cool temperatures (above 40°F) if a person becomes chilled from rain, sweat, or submersion in cold water.

#### Who's most at risk?

Victims of hypothermia are often:

- Older adults with inadequate food, clothing, or heating
- Babies sleeping in cold bedrooms
- People who remain outdoors for long periods—the homeless, hikers, hunters, etc.
- People who drink alcohol or use illicit drugs.

#### What are the signs and symptoms of hypothermia?

Content obtained: CDC Guidelines severe weather

The following are warnings signs of hypothermia:

**Adults:**

- Shivering
- Exhaustion or feeling very tired
- Confusion
- Fumbling hands
- Memory loss
- Slurred speech
- Drowsiness

**Babies:**

- Bright red, cold skin
  - Very low energy
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- Hypothermia is a medical emergency. If you notice any of the above signs, take the person's temperature. If it is below 95° F, get medical attention immediately!
  - If you are not able to get medical help right away, try to warm the person up.

## Community Vaccination Center and Manassas Mall

*Appointments are highly recommended, walk-ins are welcomed.*

Sign up for appointments at [vase.vdh.virginia.gov](http://vase.vdh.virginia.gov) for either the CVC or the Manassas Mall vaccine clinic

### Community Vaccination Center (CVC)

- The Prince William CVC is located at the old Gander Mt. building, which is located at [14011 Worth Avenue, Woodbridge, VA 22192](http://14011.Worth.Avenue.Woodbridge.VA.22192).
- **CVC hours: Monday through Saturday 8 am to 6 pm. Accepting Walk-ins.**
- **Visit:** [vase.vdh.virginia.gov](http://vase.vdh.virginia.gov)

### Manassas Mall Clinic

- Prince William Health District at Manassas Mall COVID-19 vaccine clinic (Run by Red Sea) is located [8300 Sudley Rd, Manassas, VA 20109](http://8300.Sudley.Rd.Manassas.VA.20109)
- Appointments are highly recommended, limited walk-ins accepted, **while vaccine supplies last.**
- Vaccines offered: Pfizer, Moderna, and Pfizer 5-11 year old vaccinations, (including immunocompromised 3<sup>rd</sup> dose and boosters, according to current recommendations).

### **Mall Clinic Hours:**

- **Monday January 24: 10 am to 6 pm** (Appointments are highly recommended, limited walk-ins accepted while vaccines last. vaccines offered: Pfizer, Moderna and Johnson & Johnson. **Pfizer 5-11 year old vaccinations, Immunocompromised boosters, 16 and older boosters.**
- **Wednesday January 26: 10 am to 6 pm** (Appointments are highly recommended, limited walk-ins accepted while vaccines last. vaccines offered: Pfizer, Moderna and Johnson & Johnson. **Pfizer 5-11 year old vaccinations, Immunocompromised boosters, 16 and older boosters.**
- **Friday January 28: 10 am to 6 pm** (Appointments are highly recommended, limited walk-ins accepted, vaccines offered: Pfizer, Moderna, Johnson & Johnson. **Pfizer 5-11 year old vaccinations, Immunocompromised boosters, 16 and older boosters.**
- **Saturday January 29: 9 am to 5 pm** (Appointments are highly recommended, limited walk-ins accepted, vaccines offered: Pfizer, Moderna, Johnson & Johnson. **Pfizer 5-11 year old vaccinations, Immunocompromised boosters, 16 and older boosters.**
- **Visit:** [vase.vdh.virginia.gov](https://vase.vdh.virginia.gov)

### **Mobile Clinic Unit**

- **Tuesday January 24, from 11:30 am-6:00 pm**
- **Todos Supermarket Ballroom, 13905 Jefferson Davis Hwy., Woodbridge VA. 22191**
- Vaccines offered: Pfizer, Moderna, and Pfizer 5-11 year old vaccinations, (including immunocompromised 3<sup>rd</sup> dose and boosters, according to current recommendations) **while vaccine supplies last.**
- No appointments are required. Walk-ins are accepted as long as supplies last. **Weather permitting.**
  
- **Thursday January 27, from 11:30 am-6:00 pm**
- **Grace United Methodist Church, 9750 Wellington Rd., Manassas VA. 20110**
- Vaccines offered: Pfizer, Moderna, and Pfizer 5-11 year old vaccinations, (including immunocompromised 3<sup>rd</sup> dose and boosters, according to current recommendations) **while vaccine supplies last.**
- No appointments are required. Walk-ins are accepted as long as supplies last. **Weather permitting.**

## Community Testing Center (CTC)

To Make an appointment: <https://vase.vdh.virginia.gov/testingappointment>

CTC are open Saturday through Thursday 9:00 am to 5:30 pm.

Located at 7 County Complex Court, Woodbridge, VA. 22192

Pfizer Stadium/White Tent

1. **If you can't make it to your appointment or find another testing location, please cancel your appointment.** This will free up appointments for other residents.
2. If you go to the scheduling site online and can't find the CTC location, it could mean that all the appointments have been taken. Keep checking, expand your search to 100 miles and increase the number of days - the time span - you are searching.
3. **CTCs are closed on Fridays, and are Blackout days to allow our lab partners to get results back.** On Fridays at noon, appointments open up for **Saturday & Sunday appointments.**
4. **Can't find an appointment.** When there are no more appointments available you can not book for a later date, or more than 2 days out. Make sure your search uses 100 mile radius. Try back another day for appointment availability.
5. **NOTE:** Some CTCs are currently managing delays of test results. **ANSWER:** The delays have been caused by a variety of issues that include incorrect contact information, inconclusive tests that required additional evaluation, an interface issue with the VASE+ reporting system and the weather. The VDH CTC team and its partners are currently working on the problem and have started contacting the individuals who have been impacted. **Please Do not call PWHC clinics or offices for results or issues. Call the VDH call center at 877-VAX-IN-VA (877) 829-4682 TTY users call 7-1-1.**