



Prince William 4-H

Our Clubs, Our Community



May 12, 2021

Upcoming Events

- May 14 - Farm Bureau Scholarship Application Due
- May 14-16 - VA 4-H Teen Summit
- May 17 - Move it Monday!
- May 20 - 4-H Camp Counselor Training, 7 pm
- May 21 - PWC Scholarship Applications Due
- May 23 - PWC 4-H 5K RACE DAY!
- May TBD - PWC 4-H Senior Event
- Jul 18-22 - 4-H Junior Camp
- Aug 16-20 - 4-H Day Camp
- Sep 9-12 - 60th VA State Championship Horse & Pony Show

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Click to Visit



Virginia 4-H Congress Across the Commonwealth

REGISTRATION IS OPEN!

Date: June 25-27, 2021

Location: Northern Virginia 4-H Educational Center

REGISTER at 4honline BY MAY 27th

*** limited to 75 participants ***



The mission of **Congress Across the Commonwealth** is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them – helping them to develop life skills and leadership abilities to become contributing citizens in their communities.

Due to the ongoing COVID-19 pandemic, this year's Congress will be in a unique format that will allow participants to attend in-person while still adhering to guidelines for health and safety. We know this is going to be a wonderful event that all 4-H'ers can enjoy!

There will be two statewide workshops in which all Congress delegates will participate: **Learning About Nanoscience/Nanotechnology:** Partners from Virginia Tech's Nanoscale Characterization and Fabrication Lab will teach us how science is used on a molecular scale, and see a demonstration of nanoparticles.

4-H For All: Virginia 4-H Equity and Inclusion Taskforce: This workshop led by taskforce ambassadors will help to provide information on ways to promote inclusion and support in their spaces, honoring diversity, and using empathy to create understanding within and outside of 4-H.

Additional activities include: Icebreakers and games • Opening assembly • District programs • Afternoon recreation • Evening programs • Competition winner recognition • State 4-H Cabinet elections • Installation of new Cabinet members/officers... AND MORE!

[Click here for detailed information and how to register.](#)

2021 State 4-H Competitions - *Submissions due May 28!*

Registration is open for the 2021 State 4-H Competitions!

PWC 4-H encourages all of our youth members to participate in the 2021 State 4-H Competitions. These events will be held virtually, and outside of 4-H Congress, with the winners announced at 4-H Congress. The submission deadline is May 28th, with additional deadlines for Food Challenge and Extemporaneous Speaking. Contest categories and submission details are included in the information linked below.

[Click here for 2021 State 4-H Areas of Competition.](#)

[Click here for Congress Video Tips.](#)

On your mark...get set...GO!



PWC 4-H 5K AND 1-MILE FUN RUN

May 23rd

HEAD



HEART



HANDS



HEALTH

With **TWO WEEKS** to go to race day, here's what you can be doing to prepare:

VOLUNTEER



This event is not possible without volunteers like you! Please consider donating your time and talents to making our first annual PWC 4-H 5K a success. Opportunities range from donating to the bake sale, announcing at the event, working the registration table, helping with first aid, timing the race, and more. [Visit our PWC 4-H 5K Volunteer Sign Up Genius page and lend a helping hand!](#)



RUN

invite your family and friends!

Tell your 4-H Story to your **family, friends and neighbors** and encourage them to participate in PWC 4-H 5K. Why should they support 4-H? Aside from supporting **YOU**, they will support over 600 local youth in their strive towards leadership, environmental stewardship, civic engagement, community service and more. Fundraising efforts support

local 4-H youth through camp scholarships, funding for state and national leadership events and competitions, and scholarships for continuing educational endeavors. Whether you're a walker, runner, 1-miler or 5K'er...**EVERYONE is encouraged to register!**

Choose Your Race:

\$30

In-Person 5K

Date: Sunday, May 23rd

Time: 9 am

Location: PWC Fairgrounds, Manassas

Register by 8am on May 22nd

In-Person 1-Mile Fun Run

Date: Sunday, May 23rd

Time: 10:15 am

Location: PWC Fairgrounds, Manassas

Register by 8am on May 22nd

\$10

\$20

Virtual 5K

Dates: Sun., May 23rd - Sat., May 29th

Register by 11:59pm on May 22nd

Virtual 1-Mile Fun Run

Dates: Sun., May 23rd - Sat., May 29th

Register by 11:59pm on May 22nd

\$10

Race Packet Pickup

4-6 pm Saturday,
May 22nd, Children's
Barn, PWC Fairgrounds

- or -

7:45 am Sunday,
May 23rd, PWC
Fairgrounds

Register today!

[Click here to register and choose your race!](#)



alison@imageprep.com

www.imageprep.com

THANK YOU PWC 4-H'er Alison Dixon for lending your talents to the PWC 5K and 1-Mile Fun Run! Alison designed the race flyer that was distributed to local businesses and attended meetings to recruit participants. Thank you for contributing to the success of our new, annual event!

Move it Monday!

Date & Time: Every Monday at 4:30 pm

Location: PWC Fairgrounds or [click here to attend via Zoom](#)

What to Bring: water bottle, mask, and project record book

Register: [Please click here to sign up for Move it Monday!](#)

EVERYONE is
welcome to join us
for the FINAL
Move it Monday!
before RACE DAY!

Nokesville Equestrian Club

The Nokesville 4-H Equestrian Club and Hannah Jackson from the Phantom Riders 4-H Club came together to help a woman with terminal cancer take care of her horses. We had a barn cleanup day and have been feeding her horses for a few weeks. We will be continuing to feed the horses throughout her chemotherapy. By working together as a team we were able to spend 6 hours removing old hay and manure from the barn to make it more suitable for the horses. We reached out to a few stores to receive donations for feed. We have been very grateful to help!



Lending our heads, hearts,
hands, and health to greater
service!



Shooting Sports Education Resumes in Action!

The PWC 4H Shooting Education Program resumed it's full, regular meetings on Monday. This program uses shooting as a vehicle to teach youth ages 9 to 19 life skills such as responsibility, self discipline, and teamwork. Our PWC 4-H Clubs are actively meeting outdoors with safety protocol in place. Here's a snapshot from Monday:

ARCHERY: On Monday, 18 youth and 6 instructors meet at the PWC Fairgrounds to practice their skills. Check out the photo of Eleanor of Trigger Time club!

AIR SHOOTING SPORTS: Air rifle and air piston practice is happening concurrently with archery at the PWC Fairgrounds. On Monday, they were back to practicing with 8 youth and 3 instructors. **A special congratulations** to the PWC 4-H team for taking 2nd place in the team event at the Warrenton Invitational at the Izaak Walton Park in Fairfax, VA. Our team improved 149 points from the spring air event in March!

ADVANCED SHOTGUN: These advanced shooters also met on Monday with 9 youth and 2 instructors practicing their skills.

THANK YOU VOLUNTEERS! Youth sports need tremendous volunteer support to keep them safe and fun. Thank you to all who volunteer to help bring Shooting Sports Education to our 4-H'ers!

Eleanor,
Trigger Time



PWC 4-H'ers
interested in learning
more about our
Shooting Sports
Education Program
should contact
Alan Lerch.



PW 4-H Day Camp & Junior Camp

4-H JUNIOR CAMP: JULY 18-22, 2021

Northern Virginia 4-H Educational Center, Front Royal

4-H Junior Camp is a five-day, four-night camp for youth ages 9-14 held at the Northern Virginia 4-H Educational Center in Front Royal, Virginia. Youth explore new interests, enjoy swimming and recreation and participate in evening activities and campfires. Registration forms will be accepted in person only along with payment for 4-H Junior Camp on a first-come, first-serve basis.

ALMOST FULL!

4-H SUMMER DAY CAMP: AUGUST 16-20, 2021

PWC Fairgrounds, Manassas

4-H Day Camp is a day camp for youth ages 5-12 held during the week of the annual County Fair at the Prince William County Fairground. Youth learn and grow in a safe and exciting environment through creating arts projects, exploring fair exhibits, and enjoying team games and activities.

Both camps are open to youth residing in Prince William County, Manassas City and Manassas Park. All registrations will be completed online through the registration websites. No mailed or early registrations will be accepted. Camping slots are filled on a first come, first served basis.

[Click here for more information about 4-H Camps and to register!](#)



ADULT VOLUNTEERS are needed to ensure we have a great camp experience! If you are willing to help, we would love to have you join us for whatever time you can give, 8:30 am-1:00 pm M-F on August 16th-20th. Chaperones, group facilitators, snack distributors...let us know that you want to help and we will find you a spot! [Adult volunteers can register here.](#) Questions? Please contact [Emily \(ecloe@pwcgov.org\)](mailto:ecloe@pwcgov.org) or [Kristin \(ksaul@pwcgov.org\)](mailto:ksaul@pwcgov.org).



Adopt a Garden: *Select your garden today!*

It's time to update the gardens at the PWC Fairgrounds!

Explore your skills at gardening by adopting a garden. Adoptions are available to clubs or families. Be creative while helping to keep the fairgrounds beautiful for all to enjoy.



[Click here to select your](#) plot - **ONLY 2 PLOTS REMAINING**

[Click here for VCE 4-H's Resources for 4-H Plants, Soils, & Entomology Enrichment Materials](#) and turn your garden into a Project Record!

Scholarship Opportunities for PWC 4-H'ers

DUE FRIDAY!



Prince William-Fairfax County Farm Bureau Scholarship

The Prince William-Fairfax County Farm Bureau, established in 1966 is a free, independent, non-governmental voluntary organization of persons, firms and corporations interested in agriculture united for the purpose of analyzing their problems and formulating actions to achieve educational improvements, economic opportunity, and social advancement. The Bureau is offering two \$1500 scholarships to high school seniors or enrolled college students for further study in the fields of agriculture, veterinary sciences, food and/or fiber production sciences, forestry, natural resources or a directly related field. [Click here for more information.](#)



Applications must be received by 4pm on May 14th. [Click here to apply.](#)

Bernard Malo Scholarship



Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four year college, community college or vocational school. Amount of scholarship may vary from year to year. Two letters of reference are required to be submitted with the application, and more are acceptable. The scholarship review committee may consist of Trigger Time 4-H adult volunteers, other 4-H adult volunteers and/or 4-H staff. Those applying from Trigger Time Shooting Sports 4-H Club will be given first consideration for this scholarship. The review panel for this scholarship will meet and decide before the end of the high school year.

Applications must be received by May 21st. [Click here to apply.](#)

Joanne Guhl Scholarship



Joanne Guhl was a member of the Boots and Saddles 4-H Club who died in a tragic automobile accident in 1984. Her parents honor her memory by awarding a college scholarship to a 4Her. Applicants must be enrolled the Prince William County 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science. **Applications must be received by May 21st.** [Click here to apply.](#)

Cicada Time Capsule

Virginia Tech Pesticide Programs, Department of Entomology has a new activity that they are sharing with Virginia 4-H! Dana Beegle has worked to develop a "Cicada Time Capsule" activity that coincides with the cicada emergence of Brood X.

[Click here for the Cicada Mania Time Capsule](#)

[Click here for the VT Pesticide Programs, Department of Entomology](#)





Shop 'til You Drop!

Add PWC 4-H as Your Charity to Amazon Smile! Want to help make a difference while you shop in the Amazon app, at no extra cost to you? Simply follow the instructions below to select "Prince William County 4-H Association" as your charity and activate AmazonSmile in the app. They'll donate a portion of your eligible mobile app purchases to us. **How it works:**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app



Shooting Education Camp - *Register today!*

We are happy to announce that Shooting Education Camp is available this summer!

When: August 8-12, 2021

Where: Holiday Lake 4-H Educational Center

Who: Youth ages 12-16 with an interest and/or experience in shooting sports.

[Click here to register for Shooting Education Camp](#)

The deadline to register is July 12, 2021. This popular camp will fill quickly.

Shooting Education Camp will operate using all mandated COVID-19 guidelines and restrictions. Staff are continually using resources to adapt operations including: The American Camp Association, Virginia Department of Health, Association for Camp Nurses and the Center for Disease Control and Prevention.

4-H Teacher Resources



New educational material is available on the Virginia 4-H Resources for School Enrichment Website! This site is a library of research-based, experiential learning resources accumulated by Virginia 4-H Extension Agents. These resources include lesson plans, activity sheets, and videos - organized by SOL and CTE task numbers. Resources may be used in teacher and 4-H volunteer programming.

These resources are free, but in order to justify the effort spent in compiling these resources, [please click here to complete the brief survey to receive a link to access the site.](#)

Don't forget to check out the VCE Speakers Bureau - another resource that aims to connect experts from Virginia Cooperative Extension with classrooms and other groups of youth throughout the Commonwealth. [Please click here to access the VCE Speakers Bureau.](#)

Both websites are excellent FREE resources for end-of-school year enrichment activities!

National 4-H



Create Your Story Competition

What do you think would happen if toy company Schleich got together with 4-H and your kids to create the most fantastic animal tale of all time? Find out with the “Create Your Story” contest! Find the first part of the story here, then tell us how you’d finish the tale! Write the rest, snap a pic, sing a song, shoot a video... Share your vision any way you’d like! Each finalist will receive a \$50 Schleich gift pack! [Click here for more information and to enter.](#)



2021 STEM Challenge: Galactic Quest

Designed by Clemson University, Galactic Quest, will focus on the mysteries and adventures of space exploration, including the history of humans in space, the technology and resources that enable off-planet scientific missions, and the obstacles humans encounter in orbit. Activities will touch on important STEM topics ranging from physics and engineering, to computer science and space agriculture. **Kits will be available starting in July!**

PWC Agritourism & Arts Overlay District Community Learning Session



**PRINCE
WILLIAM**
— Planning Office

**AGRITOURISM & ARTS
OVERLAY DISTRICT
COMMUNITY
LEARNING SESSION**

**MAY 27, 2021
6:00 PM – 7:30 PM**

[REGISTER NOW](#)

Do you want to enhance the community's rural economy? Have you ever wanted to run an Agricultural or Arts business from home? The County's new Agritourism and Arts Overlay District allows landowners to take advantage of their beautiful agricultural land while pursuing their entrepreneurial dreams.

Join us on May 27, 2021 6:00 PM – 7:30 PM to learn more.

<https://zoom.us/join/register/tj0pdO6vrj0sGtytat7KY0xu8QTrpftIAVU6>

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)

[Virginia State 4-H](#)

[National 4-H](#)



Your Dedicated PWC 4-H Staff

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I AM



4-H PROUD

PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)

[Complete Phase III Social Distancing Guidelines](#)

[Resources for 4-H Enrollment](#)

[4-H Risk Management Forms](#)

[4-H Online Information](#)

[The 4-H Foundation](#)

[Promotional Materials](#)

[4-H Awards and Recognition Forms](#)

[4-H All Stars](#)

[Resources for 4-H Animal Sciences](#)

[Resources for 4-H Citizenship](#)

[Resources for 4-H Club Management](#)

[Resources for 4-H Communication & Expressive Arts](#)

[Resources for 4-H Competition & Scoring Aids](#)

[Resources for 4-H Curriculum & Delivery](#)

[Resources for 4-H Family Sciences](#)

[Resources for Food, Nutrition and Health](#)

[Resources for 4-H Leadership & Personal Development](#)

[Resources for 4-H Natural Resources & Environmental Education](#)

[Resources for 4-H Plants, Soils & Entomology](#)

[Resources for STEM](#)

Prince William 4-H Association

[PWC 4-H Homepage](#)

[PWC 4-H Programs](#)

[PWC 4-H Camps](#)

[PWC 4-H Events & Calendar](#)

[Funding Request Form](#)

Portfolio Records (coming soon)

Member Record

Member Record - editable

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

**2020-2021 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President

Kayla Dixon, Vice President

Alexis Cox, Treasurer

Secretary- Vacant

Adult Officers

Matt Valentino, President

Alan Lerch, Vice President

Sydney Nguyen, Treasurer

Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong

Recognition Committee - Alan Lerch

Membership Committee - 4-H Staff

