



# Prince William 4-H

*Our Clubs, Our Community*



September 27, 2023

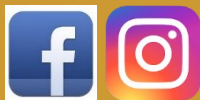
## Upcoming Events

- Sep 30 - PW 4-H Open House
- Oct 1 - Happy New 4-H Year!
- Oct 4-15 TSC Paper Clover
- Oct 7 - Market Day #5
- Oct 14 - Cloverbud Club
- Oct 17 - New Project Leaders' Training
- Oct 19 - PW 4-H Teen Club - Leadership
- Oct 25 - Returning Project Leader Professional Development
- Nov 13 - Youth Officer Training
- Nov 24-28 - National 4-H Congress

## Inside this issue:

- [PW BOCS Proclamation](#) 2
- [PW 4-H Updates](#) 4
- [VA 4-H Updates](#) 8
- [VCE Updates](#) 11
- [Contacts & Recourses](#) 14

Click to Visit



## Are You Ready to THRIVE with 4-H?



Come out this Saturday for the Prince William 4-H Clubs & Activities Open House and learn what it means to THRIVE with 4-H!

**Date:** Saturday, September 30th

**Time:** 10 am - 2 pm

**Location:** 8033 Ashton Ave., Manassas

### FOR ATTENDEES

[Click here to register.](#) Registration is free, but required.

The Prince William 4-H Clubs and Activities Open House is for all youth ages 5-19 that are interested in learning more about 4-H and how you can grow from Cloverbud to Virginia 4-H All Star while gaining life skills and experiences that are meaningful to YOU! Snack on a little popcorn and...

- ★ Learn about 4-H Clubs
- ★ Participate in hands-on activities and crafts, including nerf archery
- ★ Watch performances and demonstrations by 4-H youth
- ★ Discover activities that interest you in the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture
- ★ Network with current 4-H'ers, teen leaders, Virginia 4-H Northeast District representatives, and National 4-H representatives
- ★ Explore the many opportunities in Prince William 4-H where you can THRIVE!



### FOR 4-H YOUTH VOLUNTEERS

[Click here for the Teen Signup!](#)

Setup begins at 9:30. All teens are asked to sign up for a minimum of 1 hour of volunteer time. Please sign up to promote an activity that is meaningful to you. Be sure to save some time to explore programs that you're interested in, too!



### FOR 4-H ADULT VOLUNTEERS

[Click here for the Signup!](#)

Setup begins at 9:30. Be sure to bring your table, chairs, decorations, club posters, and maybe a craft or activity, We're expecting an exciting turnout and need your help sharing your 4-H Story!

**IT'S GOING TO BE A BEAUTIFUL DAY TO THRIVE WITH 4-H!**

Important dates are now available for the 2023-2024 Prince William 4-H Year!  
[Click here for the PW 4-H 2023-2024 Calendar.](#)

Prince William County Board of Supervisors Proclaims

# NATIONAL 4-H WEEK





[Click here to watch the proclamation of National 4-H Week in Prince William County](#)  
(start watching at 2:45:00)



**your ticket to**

# THRIVE

**in 4-H**

## Prince William 4-H Clubs & Activities Open House



**Saturday, September 30th**



**10 am - 2 pm**



**Prince William 4-H  
McCoy Conference Room  
8033 Ashton Ave., Manassas, VA**



Explore our clubs, activities, events, and camps!



Learn how to grow from Cloverbud to Virginia 4-H All Star!



Discover your talents and interests in the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture.



Develop life-long friendships.

Grab your 4-H ticket and have it stamped as you travel around the **Prince William 4-H Open House** to learn about how you can not just grow in 4-H, but **THRIVE!**

Participate in hands-on activities and displays for youth ages 5-19. Explore our clubs, programs, events, and activities and discover the opportunities for **YOU** in 4-H. Turn in your stamped ticket for a free gift!

- **Cloverbuds (ages 5-8):** Focus on Social Learning
- **Juniors (ages 9-14):** Focus on experiences at the county level
- **Seniors (ages 15-19):** Focus on experiences and leading at both the county and state levels
- **Parents:** Focus on volunteer opportunities at the club and county levels

**This event is for EVERYONE: new members, returning members, parents, and club leaders alike!** Space is limited. There is no cost to attend, but registration is required. [Click here to register.](#)

# THRIVE!

\* These materials are neither sponsored nor endorsed by PWCS.



## 4-H Outreach at Mary Williams Elementary School



Virginia 4-H Northeast District Ambassador and Prince William 4-H'er Aiden McDonald was out in the community again at the Mary Williams Elementary School Health and Family Night on September 20th. He was busy promoting 4-H and the Prince William 4-H Club and Activities Open House and demonstrating how youth THRIVE in 4-H!

Aiden posted on Instagram, "I'm grateful to Mary F Williams Elementary School for letting me participate in their health & wellness night! I love doing outreach because I really want people to learn about 4-H before I did!"



Follow Aiden on Instagram @aidenfor4h. Click here to learn more about [Virginia 4-H State Cabinet](#).

## Virginia 4-H All Stars Applications Due October 1st

**Who Should Apply:** 4-H Youth ages 15 (by Jan 1, 2024) to 19

[Click here for more information on the Virginia 4-H All Stars Website.](#)

**Applications are due by October 1st.** Please submit to [MaryBeth Lerch](#).

Applications for Virginia 4-H All Stars are due to the Prince William 4-H Office by October 1st. As you prepare your application, please save an electronic copy and printed copy for future reference.

[Click here for the Youth Nomination Application.](#)

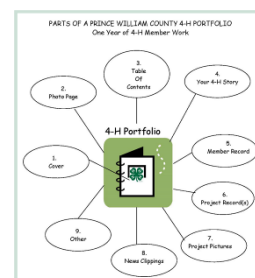
[Click here for the Adult Nomination Application.](#)

[Click here for the Nomination Application User's Guide.](#)



## 4-H Portfolios Due October 1st!

All Prince William 4-H Members are encouraged to submit a portfolio each year. 4-H Portfolios are a record of the life achievement of a 4-H'er. This creative expression documents your activities and achievements. Portfolios are scored against a rubric to encourage growth in activities, organization, and life skills over your years in 4-H. **4-H Portfolios should be dropped off at Prince William 4-H by October 1st** each year. [Click here for links](#) to download age appropriate project record sheets, portfolio instructions and more.



## Prince William 4-H TSC Fall Paper Clover Campaign Signup

**Dates:** October 4-th - 15th

**Location:** Tractor Supply Company, 10870 Balls Ford Rd., Manassas

[Click here to Sign Up for table space to promote your club and fundraise.](#)

Tractor Supply will once again be holding their Paper Clover Campaign along with National 4-H during October 4 - October 15, 2023. Patrons tend to donate more often when 4-Hers are there in person, so let's get as many clubs as we can to participate. 4-H Clubs earn a percentage of the proceeds from this event to use towards camps, State Congress, and other leadership opportunities. Contact [DeeAnn Strand](#) with questions. Please sign your Club up for a time slot and plan to bring your biggest 4-H smile!





## Prince William 4-H Scholarships - Applications Due Nov 24th

Prince William 4-H has four scholarships available to members. All scholarship applications and nominations are due by **November 24th, 2023**. Scholarships will be presented at the Prince William 4-H Recognition Day in December.



### 2023 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PW 4-Her. Applicants must be enrolled the Prince William 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

[Please click here to apply for the 2023 Joanne Guhl Scholarship.](#)



### 2023 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

[Please click here to apply for the 2023 Bernard Malo Scholarship.](#)



### 2023 Outstanding 4-H Member Award (Youth)

The Outstanding 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Member Award.](#)



### 2023 Outstanding 4-H Volunteer Award (Adult)

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Volunteer Award. \(COMING SOON\)](#)

Celebrating YOU!

# PRINCE WILLIAM YOUNG ENTREPRENEURS



*Saturday  
October 7th*

*Manassas Farmer's Market  
9024 Prince William St.  
Manassas, VA*

*8 am - 1 pm*

Stop by and see our Young Entrepreneurs at their final market day! Prince William 4-H'ers Ayden, Lexi, Koa, Xanthie and Aisling, Amari, Zaynab, Diallo, Lyra and Cora will be there selling their creations and demonstrating how local youth

**THRIVE with 4-H!**

PRINCE WILLIAM 4-H



[WWW.PWCVA.GOV/4-H](http://WWW.PWCVA.GOV/4-H)



[4HPWC@PWCVA.GOV](mailto:4HPWC@PWCVA.GOV)



## Winter Cloverbuds Camp 2023



CLOVERBUDS IS A TWO-NIGHT RESIDENTIAL CAMP DESIGNED TO GIVE YOUNGER CHILDREN AN OPPORTUNITY TO SPEND THE NIGHT AWAY FROM HOME AND EXPERIENCE WHAT 4-H CAMP HAS TO OFFER WHILE SHARING THE EXPERIENCE WITH A PARENT, GRANDPARENT, OR OTHER TRUSTED ADULT.

EVERY CAMPER MUST BE ACCOMPANIED BY A PARENT/ADULT ACCOMPANYING ADULTS AND CHILDREN WILL LODGE TOGETHER IN THEIR OWN PRIVATE ROOM. ADULTS WILL REGISTER ALONG WITH CAMPERS.

CAMP ACTIVITIES WILL BE FACILITATED BY CAMP STAFF; HOWEVER INDIVIDUAL SUPERVISION OF CAMPERS IS THE RESPONSIBILITY OF THE ACCOMPANYING ADULT.

**Dates:** December 8th-10th

**Location:** Northern Virginia 4-H Center, Front Royal, Virginia

**Who Should Attend:** Youth ages 5-8 with an adult chaperone

**Cost:** \$160

[Click here to register.](#) **Register by Nov. 22nd.**

Registration is now open! Campers and parents will participate in classic camp classes and activities with Dr. Seuss inspired fun! Spots are limited - register early.

## Virginia 4-H Equity & Inclusion Ambassador - Deadline Extended

### JOIN US! VIRGINIA 4-H EQUITY AND INCLUSION AMBASSADORS

Open to teens ages 14-18

Applications due:  
Friday, October 7th, 2023  
<https://tinyurl.com/va4hequity>



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

- Build your leadership skills in a fun and supportive environment.
- Make a difference in the VA 4-H community and beyond!

Questions? Contact  
[waldenaw@vt.edu](mailto:waldenaw@vt.edu)  
[ebonnett@vt.edu](mailto:ebonnett@vt.edu)  
[totaylor@vt.edu](mailto:totaylor@vt.edu)



[Click here for more information and to apply.](#)

**Applications are due Friday, October 7th.**

During the 2023-2024 year we will be combining our previous Equity and Inclusion experiences such as Equity and Inclusion Taskforce, Teen Summit Leadership Team, Space 4 You Project Team, True Leaders in Equity Institute Team, and Inclusive Language Project Team and other projects and programs that create and promote a sense of belonging and inclusion to a newly branded 4-H Equity and Inclusion Ambassador Program. We are now accepting applications!

These ambassadors will work in several different areas and will be broken into four teams, based on choice, application, interviews, and fit. Time commitments will vary depending on individual projects and teams. The majority of meetings will be held online, with a few in-person meetings as determined by the group.

- Programming (*Teen Summit Leadership Team*)
- Education (*materials and programs developed to further increase equity and inclusion in VA*)
- Policy (*help with making suggestions and advocating for policy changes within VA 4-H for all 4-H'ers*)
- Advocacy (*focusing on creating education and understanding around advocacy for inclusion and equity topics*)



## Virginia 4-H Scholarship Opportunity

### VIRGINIA 4-H FARM CREDIT AND ASSOCIATIONS REGIONS BANK SCHOLARSHIP

[Click here for more information and to apply.](#) **Applications due October 15th.**

Farm Credit Associations and Regions Bank have been very supportive of youth and their interest and education in the field of agriculture. Five \$1,000 scholarships are available through the Virginia 4-H Foundation for youth to pursue their dreams of higher education. Preference is given to 4-H members who are also enrolled in FFA and/or have competed in Virginia State Fair competitions.



**ENTER A POSTER  
IN THE  
Ag it Up  
Poster  
Contest**

**AT THE 2024 VAF CONFERENCE  
WILLIAMSBURG LODGE**

**Who: Youth ages 9-13  
When: January 5-7, 2024**

**Prizes: 1st - \$50  
2nd - \$30  
3rd - \$20**

Contest rules can be found at:  
[www.vafairs.us](http://www.vafairs.us)



#### AG IT UP Youth Poster Contest

**Who Should Participate:** Youth age 9-13 as of January 1st

[Click here for more information and to apply.](#)

**Poster registration is due December 20th.**

Youth can submit a standard size poster or tri board displaying how agriculture is a part of their fair or festival. Three prizes ranging from \$20 - \$50 will be presented.



**SAVE THE DATE  
VAF YOUTH LEADERSHIP  
SCHOLARSHIP CONTEST**

**APPLY FOR THE VAF YOUTH  
LEADERSHIP SCHOLARSHIP CONTEST**

<u>WHO</u>	<u>WHEN</u>	<u>DEADLINE</u>
YOUTH AGE 14-19 WHO VOLUNTEER AT FAIRS & FESTIVALS	JAN 6, 2024	DEC 1, 2023

[www.vafairs.us](http://www.vafairs.us) SCHOLARSHIP PACKET  
UPLOADED TO VAF  
WEBSITE IN SEPTEMBER

#### 2024 VAF Youth Leadership Scholarship Contest

**Who Should Participate:** Youth ages 14-19 as of January 1, 2024

who are active participants in a VAF-member fair or festival.

[Click here for more information and to apply.](#)

**Applications are due December 1st.**

It's that time of year to encourage teens who have devoted time and skills to their local fairs and festivals to participate in the 2024 Virginia Association of Fairs (VAF) Youth Leadership Scholarship Contest. Eight scholarships ranging from \$250 - \$2,500 will be awarded. The goals of the VAF Youth Leadership Scholarship Contest are to :

- recognize superior leadership characteristics among junior members of VAF member fairs and festivals and the overall fair industry.
- encourage and develop leadership and workplace readiness skills among youth members so they will be able to better serve their communities and fair/festival organizations.
- share, as well as receive, ideas and concepts that have proved successful, or unsuccessful, at local fairs and festivals in Virginia.



## Opportunities for High School Students at VASWCD

**ENVIROTHON** is a team-based natural resources competition for high school students. Students who participate learn stewardship and management concepts and work to solve real-world environmental problems. The program is field-oriented, community-based, and gives students an opportunity to work with natural resource professionals. [Click Here for a video overview of the Dominion Energy Envirothon competition!](#) **Virtual Kickoff: October 25th.** [Click here for more information.](#)

Students work in teams of five. Throughout the school year students prepare to compete at the local level, qualify to then compete at the area level and the top three teams from the six Soil & Water Conservation District areas in the state compete to be the State Winner. These teams of high school students are tested on their knowledge of natural resources-soils, forestry, wildlife, aquatics and a current environmental issue. Students visit five “in-the-field” test stations where written and hands-on problem solving is required along with an oral presentation formulating a strategy to address a specific environmental issue they’ve been presented with. The event is competitive but education is the bottom line.

Teams can be created through school clubs, classes, 4-H groups, home school groups, and nature centers. The only requirement is that the team has a minimum of five students (who are in 9th-12th grade) and one adult advisor/chaperone.



**YOUTH CONSERVATION LEADERSHIP INSTITUTE (YCLI)** is a recognition program for students in 9th- 12th grade that focuses on volunteer service and environmental stewardship. YCLI offers self-motivated and enthusiastic high school students interested in environmental conservation and stewardship an opportunity to build leadership skills and connect with local mentors involved with environmental issues. **Applications due October 2nd.** [Click here to apply.](#)

Students in 9th-12th grade [may apply](#) to be a part of this program. Program participants are required to complete a minimum of 20 hours of community service with a conservation focus as well as participate in a book discussion and submit required progress reports throughout the year. The hours may be done as part of a single project or a series of projects but all projects must be approved by the YCLI Program Coordinator. YCLI participants work with the YCLI Program Coordinator to come up with a project that the YCLI Participant wants to focus on. Participants must be self-driven individuals able to set their own goals, evaluate their set milestones, and be motivated to move their projects forward. The YCLI Participants are paired with a mentor to help them with their project. Mentors can be Soil & Water Conservation Staff.

Contact Kim Lowther, Education Specialist at Prince William Soil and Water Conservation District for more information. (571) 379-7514 or [education@pwsxcd.org](mailto:education@pwsxcd.org).

## National 4-H Updates



### HEALTH ROCKS! What Are My Strengths?

[Click here to access free activity](#)

In this exercise, brought to you by Nebraska Extension and Altria, students will explore the things at which they excel and learn about the connection between self-confidence and self-control.

*\*You must have an existing CLOVER account or create a free account to complete this activity.*

**Financial Education & Housing Counseling presents**

## **Paying for College: Student Loans**

This virtual class will present the basics about applying for the Free Application for Federal Student Aid (FAFSA), student loans and repayment options. This class is ideal for students and parents!

**Date:** Tuesday, October 10, 2023

**Time:** 7:00 PM – 8:30 PM

**Place:** Online

**Pre-Register:** [bit.ly/PayingforCollegeStudentLoans](https://bit.ly/PayingforCollegeStudentLoans)



Visit our website to see the other classes we offer: [www.pwcva.gov/money](http://www.pwcva.gov/money)

Email or call: [smartmoney@pwcgov.org](mailto:smartmoney@pwcgov.org) or 703-792-6287

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Virginia Cooperative Extension at 703-792-6287 / TDD\* during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. \*TDD number is (800) 828-1120.

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

**MaryBeth Lerch**  
Associate Extension Agent, 4-H  
[mblerch@vt.edu](mailto:mblerch@vt.edu)  
703-792-4536

**Pam Hardin**  
4-H Youth Educator  
[phardin@pwcva.gov](mailto:phardin@pwcva.gov)

**DeeAnn Strand**  
4-H Youth Educator  
[dstrand@pwcva.gov](mailto:dstrand@pwcva.gov)

**Candi Helmlinger**  
4-H Program Specialist, Newsletter  
[chelmlinger@pwcva.gov](mailto:chelmlinger@pwcva.gov)



**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[VCE COVID-19 Updates](#)

[4-H Online Information](#)  
[The 4-H Foundation](#)  
[Educational Resources](#)  
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

**Prince William 4-H**

[PWC 4-H Homepage](#)  
[PWC 4-H Programs](#)  
[PWC 4-H Camps](#)  
[PWC 4-H Events & Calendar](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President  
Sam Seagle, Vice President  
Samantha Erick, Treasurer  
Lexi Strand, Secretary

**Adult Officers**

Susan Wolf, President  
Alan Lerch, Vice President  
Sydney Nguyen, Treasurer  
Mary McDonald, Secretary

**Committee Chairs**

Fundraising Committee - Samantha Whysong  
Recognition Committee - Alan Lerch  
Membership Committee - 4-H Staff



**Virginia Cooperative Extension**

Virginia Tech • Virginia State University

[www.ext.vt.edu](http://www.ext.vt.edu)



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.