



Prince William 4-H

Our Clubs, Our Community



July 12, 2023

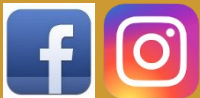
Upcoming Events

- Jul 15** - Market Day #2
- Jul 23-27** - Prince William/ Stafford 4-H Junior Camp
- Aug 5** - Market Day #3
- Aug 12** - 4-H Northern District Shoot
- Aug 14-18** - Prince William 4-H Fair Camp
- Sep 2** - Market Day #4
- Sep 8-10** - VA 4-H State Shoot
- Oct 1** - Happy New 4-H Year!
- Oct 14** - Market Day #5
- Nov 24-28** - National 4-H Congress

Inside this issue:

- [State Congress](#) 2
- [4-H All Stars](#) 3
- [PW 4-H Updates](#) 4
- [Shooting Education](#) 7
- [Animal Sciences](#) 8
- [From Our Partners](#) 10
- [Contacts & Recourses](#) 12

Click to Visit



4-H Camp Counselor Training



On July 9th, Prince William and Stafford Counties held their 4-H Camp Counselor and Counselor in Training workshop. The counselors participated in a team building game, which included a game of writing on a team member's back and passing it along to the next team member, without talking. The end results were fun to see! These young leaders also took a personality test and learned about their personality traits. They ended the workshop by making welcome signs to place in the cabins, as well as their name tags for camp.



We have a great group of Counselors and CITs ready to go to camp and have some fun!



Prince William-Stafford Junior Camp
Northern Virginia 4-H Center
Coming Soon! July 23 - 27



Meet Prince William 4-H Young Entrepreneurs

Meet two more of our young entrepreneurs that are busy growing their skills. Be sure to come out and support all of our youth businesses at the **Manassas Farmer's Market THIS SATURDAY!**



My name is **Ayden** and I am 12 years old. I enjoy woodworking and have been making things from wood for a few years. I will be selling coasters at the Farmer's Market. I like being outdoors, having fun and hanging with my friends.



My name is **Lexi** and I will be selling sewed crafts at the farmers market. This includes Key-Fobs, Scrunchies, and Chicken Plushes. I'm in the 10th grade and enjoy reading, writing and crafting.

Put Your Plan in Place for 2024 VA 4-H State Congress!



Virginia 4-H State Congress is held every June at Virginia Tech and is the premier, statewide annual 4-H event for outstanding 4-H teens and adult volunteer leaders. At 4-H State Congress, youth attend interactive and engaging workshops, participate in community service activities, listen to motivational speakers, and join together as a community of Virginia 4-H'ers to learn and grow together.

IT'S TIME TO START PREPARING FOR NEXT YEAR'S 4-H STATE CONGRESS!

To get the most out of Virginia 4-H State Congress, Prince William 4-H strongly encourages our 4-H'ers to get active and start preparing early. 4-H is a personal journey. You get out of it what you put into it. All senior 4-H'ers (age 14-19) are eligible to attend.

Here are some of the activities for you to consider:



STATE 4-H COMPETITIONS

State 4-H Competitions, including Presentations, Public Speaking, Table Setting, Share the Fun, Fashion Review and Food Challenge are held at 4-H State Congress. 4-H'ers must compete at a county or district competition to be eligible to compete at 4-H State Congress. Youth are scored against a rubric that helps them fine tune their skills and talents. Prince William 4-H sends their best to Congress to demonstrate how much we've grown! [Click here for information on State 4-H Competitions.](#) Prince William 4-H and District 4-H Contests are typically held in February and March.



4-H STATE CABINET ELECTIONS

Prince William 4-H'ers complete an application, participate in an interview, and campaign for votes at 4-H State Congress. Campaign includes giving a 2-minute speech, creating and distributing a campaign flyer, and networking throughout the event. Newly elected youth 4-H State Officers and Ambassadors participate in an initiation program, Cabinet photos and an orientation meeting at Congress. 4-H State Officers and Ambassadors represent Virginia 4-H at local, district, state and national events and share their story; empower themselves and others through leadership; and advocate for 4-H by serving as the "voice" of 4-H. [Click here for the presentation on what to expect when applying for Virginia 4-H State Cabinet.](#) Applications are typically due in early May.



VIRGINIA 4-H ALL STAR TAPPING

New Virginia 4-H All Stars are tapped in during a special ceremony at 4-H State Congress. Virginia 4-H All Stars is an honor and service organization for teen and adult leaders who are actively involved in expanding and enhancing the 4-H programs in their communities and statewide. Being tapped as an All Star is the highest recognition that a 4-H'er in Virginia can achieve. To prepare to apply to be a Virginia 4-H All Star takes about three years of active participation in your club, leadership positions, detailed project records and portfolios, community service, and more. [Click here to view the Virginia 4-H All Star Application.](#) All Star applications are typically due in early November.

INTERVIEWS FOR NATIONAL 4-H CONGRESS

Virginia 4-H'ers submit resumes in early June to apply for National 4-H Congress. Virginia 4-H notifies finalists and conducts interviews to select our outstanding 4-H'ers for the Virginia 4-H Delegation during 4-H State Congress. [Click here to learn more about the Virginia 4-H Delegation.](#) [Click here to learn more about National 4-H Congress.](#)



Virginia 4-H All Stars from Prince William 4-H

1929 Janet R. Murphy
1933 Doris Bubb
1938 Margaret B. Linsey
1949 John P. Neal
1952 Martha R. Sullivan
1954 Betty R. Bruce
1955 Helen M. Hill
1956 Rebecca M. Whitlock
1957 David Cox
1960 Bernard P. O'Meara
1960 Leland W. Flora
1960 Robert L. Kidd
1961 Amelia S. Secord
1961 John W. Bartholomew
1962 Joseph H. Bowles
1963 Brenda Q. Caricofe
1963 Claudia D. Workman
1963 James Biggers
1964 Mealena J. Kidd
1965 Richard H. Sanders
1966 Clyde F. Jackson
1966 Leah F. Kidd
1967 Jerry R. Murphy
1969 Nathan K. Slate
1969 William L. Bullock
1970 Alfred D. Kidd, Jr.
1970 Nancy J. Crawford
1972 Ray C. Kidd
1974 Sally J. Mockler
1975 Debbie B. Jones
1975 Nancy J. Publicover
1975 Nancy P. Holmes
1976 A. Foster Avringer
1976 Mary R. Dawson
1977 Eddie Z. Russell
1979 Teresa R. Yancoskie
1980 Lydia J. Barrett
1980 Timothy K. Houston
1980 Wallace S. Covington, III
1982 Anne L. Wilson
1982 Elizabeth J. Thompson
1982 Eva B. Garner
1983 Betty Barrett
1983 Christa L. Richer
1983 Timothy R. Ware
1984 Christina V. Harrigan
1984 Denise N. Jacobs
1984 Helen M. Walla
1986 Karyn R. Angsten
1987 Ann M. Rostock
1989 Kari J. Seaman
1992 Dana A. Seaman
1995 Amy M. Ragan
1995 Barbara Reese
1995 Fran Seaman
1996 Therbia U. Parker, Jr.
1996 Adrianna D. Smith
1998 Christopher S. Baronavski
1998 John S. Ragan
1998 Lorissa M. Crews
1998 Patricia Redmond
1999 Carissa E. Carpenter
1999 Danielle L. LeCompte
1999 Fred Fees
1999 Kathleen M. Callahan
1999 Mary LeCompte
1999 Megan K. Scanlon
1999 Rebecca E. Gorman
1999 Renee A. LeCompte
2000 Bernard A. Malo
2000 Margaret Carpenter
2000 Stacy A. Daugherty
2001 Anita Sager
2001 Jessica M. Bass
2001 Kimberly A. Sager
2001 Kimberley D. Lueking
2001 Michele Baronavski
2002 Linda Licht
2002 Shenyl Bass
2003 Christopher S. LeCompte
2003 Derek J. Lueking
2003 Jane Wilson

2003 Megan M. Baronavski
2003 Nancy Margeson
2003 Sharon Race
2003 Sheila Lueking
2004 Karen Thompson
2005 Aaron Bailey
2005 Kimberly Bass
2005 Maria Fini
2007 Claire Berlin
2007 Elizabeth Turner
2007 Kathryn Thompson
2007 Kelly Fini
2007 Leslie-Ann Stevens
2008 Katherine Forbes
2008 Marcia Thies
2008 Patricia Turner
2009 Brandon Thies
2009 Micah Poole
2010 Abigail Poole
2010 Rose Dunn
2010 Ruthann Jones
2010 Sandra Lindner-Turner
2011 Abby E. Peach
2011 Donna Weisheit
2011 Heather A. Duncan
2011 Laura M. Lykens
2012 Alisa M. Lykens
2012 Camryn K. Kasinski
2012 Kipp C. Dunn
2012 Lee O. Turner
2012 Marissa A. Lykens
2012 Nicolas Poole
2012 Ryan M. Thies
2012 Walter Peterman
2013 Cindy Puryear
2013 Marie Lerch
2013 Michelle Leporatti
2013 Mikaela Mattes
2013 Ron Smith
2013 Sandy Arnold
2013 Troy Vigil
2014 Jason Thies
2014 Jenna Fees
2014 Libby Arnold
2015 Catherine Root
2015 David Lerch
2015 Shelby Kohn
2016 Alan Lerch
2016 Evan Thies
2016 Isabelle Warner
2016 MaryBeth Lerch
2016 Megan Kolwicz
2016 Ruby Dunn
2017 Elijah Barge
2017 Heidi Poole
2017 Maria Dunn
2017 Nikolas Morales
2017 Samuel Barge
2018 Claudia Merrill
2018 Emily Lerch
2018 Jackie Nguyen
2018 James Fees
2018 Madison Miller
2018 Matthew Arnold
2018 Nick Sarmanian
2018 Nick Walla
2018 Olivia Morales
2019 Kamryn Fyock
2019 Lydia Eskelund
2019 Nikki Seagle
2019 Trae Kohn
2019 Adam Dove
2020 Alexis Cox
2020 Erika Cox
2020 Geneva Losee
2020 Kayla Dixon
2020 Natalya Morales
2020 Samantha Whyson
2021 Samantha Seagle
2021 Anderson Nguyen
2022 Ryan Nguyen
2023 Sydney Nguyen

VIRGINIA 4-H ALL STARS

Celebrating 101 Years



What is a Virginia 4-H All Star?

Virginia 4-H All Stars is an honor/service organization for teen and adult leaders who are actively involved in expanding and enhancing the 4-H programs in their communities and statewide. Membership with Virginia 4-H All Stars is the highest recognition that a 4-H'er in Virginia can achieve.

Virginia 4-H All Stars contribute to positive youth development through service locally and statewide. 4-H members begin their story by gaining knowledge through trainings and experiences, and then utilize their knowledge to provide leadership and life skills to other 4-H participants. Members that have transitioned into applying their 4-H knowledge and skills into leadership roles and promote "Making the Best Better," can apply to become an All Star. Applicants should have at least 3 years experience with 4-H and be between 15 and 19 years-old.



Together We Serve

Members inducted into the Virginia Chapter of 4-H All Stars are dedicated to serving their local 4-H community. Working together as All Stars, youth make an impact in developing self-motivated youth and implementing interactive youth development education programs for all of Virginia. All Stars strive for better understanding, patience, dedication and unselfish service to fellow 4-H members and 4-H programs. Virginia 4-H All Stars may attend additional events and apply for additional scholarships specific to Virginia 4-H All Stars.



You Can Be a Virginia 4-H All Star!

Review the Virginia 4-H All Star application and then contact Prince William 4-H Extension Agent MaryBeth Lerch for more information on the application process. You will continue to grow your leadership skills as you work towards applying for this honor.

CONGRATULATIONS TO OUR 2023 TAPPEE SYDNEY NGUYEN!

Sandy Nguyen has been an active 4-H volunteer in the club, unit, district, state, and national levels since 2008. She is an amazing mentor to 4-H youth, serving in adult leadership positions and working with youth officers in her club to learn the skills needed to execute their roles in addition to learning how to apply those skills to life. Sydney has encouraged three of her children in achieving the highest level in 4-H, becoming Virginia 4-H All Stars. She teaches other parents and new members about the All Star organization and its mission to serve. Sydney strives to learn all that she can about opportunities for 4-H'ers to thrive and ways for she and other adult volunteers to support youth in that journey. She is an invaluable assets to the Prince William Leaders Association lending her creative vision to the mission of the organization with the goal of serving the youth and volunteers of Prince William 4-H.

Sydney has also been select as Volunteer of the Month for Virginia Cooperative Extension, Prince William and received recognition in front of the Prince William County Board of Supervisors.

We truly appreciate your dedication and service to the youth in Prince William 4-H and the entire 4-H program!





Come out and support our Prince William 4-H Young Entrepreneurs and see how much we've grown!

**Manassas
Farmer's Market**
9024 Prince William St.
Manassas, VA



**Prince William 4-H
Young Entrepreneurs**
Market Day 2 will feature 4-H'ers Diallo, Koa,
Xanthie, Aisling, Amari, Zaynab & Ruqayyah,
Ayden & Lexi

Prince William 4-H | www.pwcva.gov/4-H | 4HPWC@pwcva.gov

PRINCE WILLIAM 4-H

At the PWC Fair, August 11-19, 2023



4-H CHILDREN'S BARN

Daily Activities, 2-8 pm

THRIVE WITH 4-H through a series of thought provoking activities focusing on STEM, Healthy Living, Ag, and Civic Engagement. Participate in daily special presentations from community partners. They're all free, hands-on and captivating!

4-H AGRICULTURE BARN

Daily Exhibits, 2-8 pm

Explore Prince William 4-H through fascinating exhibits, take part in a community service project to support our deployed military, pet chicks from our embryology project, and discover how you can **THRIVE WITH 4-H!**

4-H FAMILY FUN NIGHT AT THE SHOW BARN

Monday, August 14th, 5 pm

Join in the excitement of family-friendly games and activities hosted by Prince William 4-H.

PRINCE WILLIAM 4-H FAIR CAMP

August 14th-18th, 9 am-12:30 pm, \$50 fee includes activities, snacks, and a camp t-shirt. Prince William 4-H Fair Camp is a day camp for youth ages 5-12 held during the week of the annual PWC Fair at the PWC Airgrounds South Barn and grow in a safe and exciting environment with fun activities, games, and art projects and more, in the 4-H Pillars of STEM, Health Living, Agriculture and Civic Engagement. Visit www.pwc4h.org for more information and registration links.

Discover a world of opportunities in Prince William and **THRIVE WITH 4-H!**



CAMP IS FULL



VOLUNTEER

and THRIVE
with 4-H!

Prince William 4-H at the County Fair

4-H YOUTH VOLUNTEER OPPORTUNITIES

Workday Wednesdays

Dates: Every Wednesday from June 21st - August 2nd

Time: 10 am - 2 pm; bring a bag lunch

Location: PWC 4-H Office

Who Should Volunteer: All middle school and high school 4-H'ers (bring a friend!)

[Click here to signup.](#)

Youth volunteers will be planning the activities, cutting, pasting, organizing, bagging, and more, for the enrichment activities at the 4-H Children's Barn at the PWC Fair and Prince William 4-H Fair Camp.

Whether you're crafty, strong at lifting, good at organizing, innovative, or a worker bee, we need you to help us prepare!

Join the fun!

PWC Fair 4-H Children's Barn & Ag Barn - Youth Volunteer

Dates: August 11th - 19th

Times: 2-5 pm or 5-8 pm shifts available

Location: PWC Fairgrounds

[Click here to signup.](#)

Youth volunteers are needed to assist youth and families with their activities as well as help direct the community service activities, assist with activities, share their 4-H stories and more.

ADULT VOLUNTEER OPPORTUNITIES

4-H Summer Fair Camp Chaperone

Dates: August 14th - 18th

Time: 8:30 am - 1 pm

Location: PWC Fairgrounds

Signup coming soon.

Camp Adult Volunteers are necessary to ensure our youth have a fun, safe camp experience.

Adults are primarily chaperones, group facilitators, or help to distribute snacks. Any time that you can offer is welcome!

PWC Fair 4-H Children's Barn & Ag Barn - Adult Volunteer

Dates: August 11th - 19th

Times: 2-5 pm or 5-8 pm shifts

Location: PWC Fairgrounds

[Click here to signup.](#)

Visitors to the 4-H Children's Barn will be greeted by the Barn Manager and directed to activities. Adult volunteers will be on hand to answer any questions, assist with activities, and assist youth volunteers with community service and Ag Barn activities.



Prince William County Fair Contests

Prince William County Fair
August 11 - 19

[Click here for the Prince William County Fair website.](#)



2023 OPEN AGRICULTURE DIVISION

Dairy Cattle, Beef Cattle, Swine, Dairy Goats, Sheep, Poultry, and Rabbits

4-H members may exhibit in any class. All livestock entries and fees must be postmarked no later than Monday, July 24th. **Special awards specifically for 4-H and FFA youth.** [Click here for contest rules and entry forms.](#)



2023 HOME ARTS

Farm & Garden Produce, Flowers & Gardens, Food Preservation, Baked Goods, Handicrafts, Ceramics, Art, and Photography
No entry fees are charged. Each exhibitor may enter only one item per class. All exhibits must have been canned, baked, made, or grown by the exhibitor, except flower arrangements where some materials may be purchased. All entries must have been canned, baked, made or grown by the exhibitor since the end of 2021. **Junior Special Awards for 4-H and FFA youth.** [Click here for contest rules and entry forms.](#)



4-H PROJECT BOOKS

4-H youth may submit last year's or this year's (if complete) project book in the Youth Home Arts Educational category (see page 72 in the Fair Contest Catalog). [Click here for contest rules and entry forms.](#)

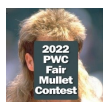


2023 FAIR PAGEANT

Miss and Mister competition categories from 1 month to 22 years. [Click here for more information and entry form.](#)

RULES AND ENTRY FORM COMING SOON FOR:

2023 Fair Mullet Contest
2023 Power Wheels Derby



Virginia 4-H Shooting Education Sports Updates



VIRGINIA 4-H ARCHERY INSTRUCTOR CERTIFICATION

Date: August 5-6

Location: Fredericksburg-Rappahannock Izaak Walton League located, Spotsylvania, VA

Cost: \$135. Lunch is provided on Saturday and Sunday. Overnight accommodations not included.

Registration due July 27th and is limited to 16 participants.

Contact Robert Borka, bestbuds4h@gmail.com, Cell 540-755-1654 to register.

The Virginia 4-H Shooting Education Training Team offers instructor certification for adults and experienced teens ages 16 and older. Teens will not be accepted in a full class that will preclude attendance of an adult. First-time participants are required to complete on-line training by Tuesday, August 1. First-time participants who completed the online course in 2022 do not need to repeat the course.

The Training Team reserves the right to withhold certification. Participants will have an opportunity to demonstrate their teaching skills through a practicum and measure their knowledge through a written test. Positive Youth Development is the #1 goal of the 4-H Shooting Education Program!



2023 VIRGINIA 4-H STATE SHOOT

Date: September 8-10

Location: Holiday Lake 4-H Center

[Click here for more event information.](#)

[Click here for information on how to register.](#) **Registration due August 7th.**

Portfolio Certification Deadline: August 28th.

All attendees over the age of 4 must be registered: "Match Participants" (youth competitors) and "Non-Participants" (parents, coaches, siblings, etc.). There are numerous changes to the rules for 2023.

Virginia 4-H Youth Animal Science Updates

2023 GOOCHLAND AG FAIR

Date: August 12th

Location: Central High Complex, 2748 Dogtown Road, Goochland, VA

Who Should Attend: All Virginia 4-H youth, new and experienced showmen, with an interest in demonstrating their showmanship while showing off their work on their project animals.

[Click here to register.](#) **Registrations due July 14th.**

[Click here for all show information.](#)

VIRGINIA STATE 4-H HORSE SHOW

Date: September 7th - 10th

Location: Lexington, VA

[Click here for more information and registration information.](#)

[Click here for the Show website.](#)



IMPORTANT DEADLINES:

- * **July 17th** - Horsemanship Skills and Qualifying Deadline
- * **July 31st** – Entry submission deadline using the [Fair Entry System](#)
- * **August 10th** – Deadline for Orientation Meetings and Payment Submission

2023 STATE 4-H HORSE SHOW SILENT AUCTION

Last year's silent auction brought in over \$13,000 for the Virginia 4-H Horse Program! If you are able to donate an item for the auction, raffle, or cash donation to offset costs, please contact Rose McDonald, 4-H State Horse Show Silent Auction Chair, 540-877-4935.

HORSE SHOW HEROES

The Horse Show Hero Program is an extremely important and beneficial sponsorship opportunity for our State 4-H Horse and Pony Show and allows families and participants to gather support and sponsorships from friends, family, and local businesses. These supporters are recognized in the Show Program as Horse Show Heroes and the funds are utilized to help provide prizes, awards, and cover the costs of operating the Show.

The Horse Show Hero sponsorships that each participant gathers are cumulative and allows exhibitors to earn scholarships towards their entry fees, special awards, and priority stalling for the Units (County/Independent City) or Clubs that gather the most sponsorship dollars, so this is a great opportunity for you to help the show, while also working towards some cool incentives for you and your fellow club members.

Please contact [MaryBeth Lerch](#) if you or your business is interested in sponsoring a 4-H rider.

VIRGINIA 2023 STATE 4-H & FFA DAIRY YOUTH FIELD DAY

Date: Thursday, August 3rd

Location: Rockingham County Fairgrounds, Harrisonburg

Registration Deadline: Thursday, July 27th by 5 pm.

[Click here for more information and to register.](#)

The State 4-H Dairy Cattle Judging Contest will take place on Friday, August 3, 2023, as part of the State 4-H/FFA Dairy Youth Field Day. The 2023 State 4-H & FFA Dairy Youth Field Day will serve as the State 4-H Dairy Cattle Judging Contest, State FFA Dairy Cattle Evaluation & Management Career Development Event, and State FFA Dairy Handlers Activity.

2023 June Dairy Month 4-H Poster Contest Official Results

	1st	2nd	3rd
Junior Division	 Lydia Driver Rockingham County	 Lucy Longtin Henrico County	 Ada Robinson Rockingham County
Intermediate Division	 Kristen Driver Rockingham County	 Schylar Zollman Botetourt County	 Ethan Ferris Frederick County
Senior Division	 Ariel Matthews Shenandoah County	 Lorelei O'Neal Frederick County	 Nolan Driver Rockingham County

Virginia 4-H Youth Animal Science Updates *Continued*



*Open to teams who registered by August 4, 2023

*For youth 9-18 years of age (as of 9/30/23)

*For more information contact:
Dr. Tonya Price
tprice@vt.edu
540-232-6012
or
Mrs. Kelly Malory
maloryk@vt.edu
540-946-0882

If you are a person with a disability and desire any services, accommodations or other accommodations to participate in this activity, please contact the State 4-H Office at 540-232-6012 using business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 2 days prior to the event. *DD number is 6102030100

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Virginia Cooperative Extension
Virginia Tech
Virginia State University

VIRGINIA 4-H PORK CHALLENGE

Date: Saturday, August 26th

Location: George Washington Carver Center, 9432 James Madison Hwy., Rapidan, VA

Who Should Participate: All Prince William 4-H'ers and Food Challenge Teams

Registration Deadline: August 4th [Click here for contest rules and website for registration.](#) The Virginia 4-H Pork Challenge challenges youth to create a dish using only a predetermined set of ingredients. From these ingredients, youth must identify and prepare the dish, then make a presentation about it to the judges. This contest is being offered through grant funding received by the Virginia Pork Council. Similar to the 4-H Food Challenge and the Virginia 4-H Beef Challenge, this contest will allow participants to use their creativity to create a dish using pork as the main ingredient.

Please note that the rules were adapted from the other food challenge contest areas and thus, very similar in nature. This contest will be limited to 10 teams and when registration opens on July 6 it will be handled on a first-come, first-serve basis.



FIELD DAYS OF THE PAST
4-H RABBIT SHOW
AND CLOVERBUD CLINIC
SEPTEMBER 16TH, 2023

Join us for the first annual 4-H Rabbit Show and Cloverbud Showmanship Clinic!

The show and ovale competition is open to any current 4-H members and non-members ages 9-18

Clover buds ages 5-8 can exhibit their rabbits in a showmanship clinic

All entries must be received by September 1, 2023. Late entries will not be accepted. Round Corners or Study Guide can be found at <https://2023.vt.edu/4H/4H/4H/>

REGISTER HERE: <https://10.vt.edu/4H/4H/4H/>

Use link above for entry forms, payment information and 4-H Online instructions

For questions please contact Mackenzie Gunn at mgunn@vt.edu or (540) 946-2483

Virginia Cooperative Extension
Virginia Tech • Virginia State University

VIRGINIA 4-H RABBIT SHOW AND CLOVERBUD CLINIC

Date: September 16th

Location: at [Field Days of the Past](#) event in Amelia, VA

Registration Deadline: September 1st. [Click here to register.](#)

[Click here for the 4-H Study Guide.](#)

First Annual 4-H Rabbit Show and Showmanship Clinic will be held at the 2023 Field Days of the Past in Amelia County. All Virginia 4-H youth that might be interested in participating or attending to learn more about Rabbit Shows and Rabbit Showmanship are invited. There will be a Showmanship Clinic for Cloverbud youth (ages 5-8), so this is an excellent opportunity to get those "littles" involved at an early age and grow them into the program. If you have questions, please contact Mackenzie Gunn (mgunn@vt.edu) or Terry Abston (tabston@vt.edu).

IMPORTANT LINKS

- ➔ [Click here for the most recent Virginia Youth Animal Sciences Newsletter](#)
- ➔ [Click here for the Virginia Youth Animal Sciences Calendar](#)
- ➔ [Click here for the Virginia Youth Animal Sciences Facebook Page](#)

Virginia 4-H Alumni Newsletter

[Click here to read the Virginia 4-H Alumni and Friends Newsletter.](#)

The summer edition of our Virginia 4-H Alumni and Friends Newsletter features our 4-H Youth Camping Program. 4-H Camp often provides that initial impression of what all 4-H has to offer. In this issue, you will have a chance to meet the 4-H Center program directors, and 4-H Camp and Camp Staff alumni. Virginia 4-H Camping Specialist will share about how impactful our 4-H camp program truly is.

Join our 4-H Alumni and Friends Network!

We are in the process of forming the Virginia 4-H Alumni and Friends network. Stay connected about upcoming 4-H Alumni and Friends events, statewide 4-H programming efforts, volunteer opportunities and much more. [Click here to sign up to receive information from Virginia 4-H](#)





States' 4-H International Exchange Programs



2023 FALL PEN PAL PROGRAM

Connect with an international peer from around the globe and make a new friend this spring! Participants will:

- ✔ Learn and share about each other's cultures
- ✔ Develop cross-cultural communication skills

Program Details:

- Program dates: August 1 - October 31, 2023
- **Registration closes when spots are filled or on July 15, 2023 @ 5:00PM Pacific Time (whichever comes first)**
- Participants must be between the ages of 9 - 18
- There is a \$10 registration fee included in the registration form
- Visit <https://www.surveymonkey.com/r/FM7WPHX> to register now!

National 4-H: Clover by 4-H FREE Curriculum and Activities



S'MORES SO GOOD, THEY'LL LEAVE YOU WANTING S'MORE

[Click here to access the free activity.](#)

Learn about solar energy while cooking s'mores in a cardboard box! In this tasty activity, you will learn how engineers harness the sun's energy for other purposes by building a tin foil-lined cardboard box that uses the sun's rays to cook delicious treats.



LEND A HELPING FARM HAND

[Click here to access the free activity.](#)

Help a pretend farmer solve real-world farming challenges! Farmer Bastian needs your help to solve real-world farming challenges. His farm faces various challenges, from climate change and drought to contaminated local water sources. Help him tackle and solve these challenges facing Farmer Bastian—and real farmers worldwide.

**You must have an existing CLOVER account or create a free account to complete these activities.*

VSU Pasture Lambing Workshop



Date: Friday, July 28, 2023 • 9 AM - 4 PM

Location: VSU Randolph Farm, 4415 River Road, Petersburg, VA

Cost: \$25 per person; includes lunch and workshop materials.

[Click here for more information and to register.](#) Limited to 12 registrants to allow adequate hands-on exposure for participants.

Hair sheep have been a growing segment of the U.S. sheep and small ruminant industry. They are well suited for sustainable, pasture-based production and are a good fit for novice producers.

Over the past 20 years, Virginia State University has been managing and conducting research with a hair sheep flock of different breeds. The animals are managed in a low-input, easy-care production system that includes lambing on pasture at different times of the year (April, December and July).

The day-long workshop introduces sheep producers to pasture lambing and provides hands-on exposure to activities associated with lambing. The research flock at VSU consists of 70 Barbados Blackbelly and St. Croix ewes. Peak lambing activity is projected for the day of the workshop.

VBFRC Newsletter

[Click here for the July 2023 Newsletter.](#)

The Virginia Beginning Farmer & Rancher Coalition (VBFRC) aims to keep farmers and ranchers in Virginia informed about trainings and events happening throughout the commonwealth. They share featured trainings offered by Coalition partners and compile a comprehensive list of trainings and events through our monthly newsblast. Check out their [webinars](#) and [A Taste of Farming](#), a video series that covers farming basics.

VIRGINIA BEGINNING FARMER AND RANCHER COALITION MINI-GRANT UPDATE

Join us for this webinar where we hear from Coalition partner mini-grant recipients about summaries of their recent projects.



PROJECTS

- Beginning Farmer Track at VABF Conference
- Women in Agriculture Gatherings
- Botanical Bites and Provision's Vermicomposting Workshop
- Independence Farmers Market Winter Workshop Enhancement Project

Please register through zoom to attend <https://tinyurl.com/VBFRC-minigrants>

VIRGINIA
Beginning Farmer & Rancher
COALITION PROGRAM



JUL 17
1-2:15
PM



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PWC 4-H Resources

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