

# Prince William 4-H Presents **SAFE AT HOME, SAFE ALONE**

**SAFE AT HOME, SAFE ALONE** is a Prince William 4-H youth development program designed to teach 4th graders to stay home alone safely.

The 4-H curriculum is research-based and hands-on. Prince William 4-H staff train school counselors and educators to use the workbooks in the classroom, homeschool groups, and clubs.

The curriculum includes a 70-page youth workbook complete with character role-plays, activities, and interactive exercises to engage both youth and parents on how to prepare for emergencies and more! The workbooks are a vital resource for students and parents as they bring the program directly into the youth's home.

## TOPICS COVERED

- Preparing to stay home alone
- Creating family rules
- Computer/ Internet safety
- Answering the telephone/door
- Handling emergencies/ disaster preparedness
- Stranger Safety



**SAFE AT HOME, SAFE ALONE 4-H program has reached over 100,000 Prince William youth and is projected to reach 7,000 students in Prince William County Schools in 2023/2024. Bring this important curriculum on life skills to your school or group by contacting the SAFE AT HOME, SAFE ALONE 4-H Program Coordinator Pam Hardin at (703) 792-4761 or [phardin@pwcva.gov](mailto:phardin@pwcva.gov).**

