

# Prince William

Our Clubs, Our Community



September 1, 2021

## Upcoming Events

**Sep 6 - 4-**H Shooting Education Ambassador Application Due

Sep 9-12 - 60th VA
State Championship
Horse & Pony Show

**Sep 10-12 -** State 4-H Shoot

Sep 19 - 4-H Club Leader Kickoff

Sep 30 - Project Records, Portfolios and Outstanding Member Forms Due

Oct I - All Star
Applications Due

Oct 6-17 - TSC Paper Clover Campaign

Oct 16-17 - Instructor Certification for 4-H Shooting Sports

#### Inside this issue:

4-H Project Ideas 2

4-H Updates 4

County Updates 5

Contacts & 8
Recourses

Click to Visit



# Are You Ready for the New 4-H Year?

 4-H Project Records, Portfolios and Outstanding Member Forms are due September 30th! We know that many of our youth are working hard to wrap these up. We're looking forward to seeing how your 4-H Story is evolving and how you've creatively pursued your interests through a challenging year.

<u>Member Record | Cloverbud Sheet | Project Record Ages 9-10 | Project Record Ages 11-12</u> <u>Project Record Ages 13-15 | Project Record Ages 16-19 | Outstanding Member Form</u>

- 4-H Club Leader Kickoff is September 19th! Our PWC 4-H Club Leader Kickoff meeting is for all adult volunteers, leaders and anyone interested in starting or joining a club. Make connections, share ideas, review the calendar, and get ready to have fun with 4-H. This is an annual meeting that is one not to miss! Time and location TBD.
- Gather Your Project Ideas! Whether you are continuing a project or starting a new project, it's
  important for parents, club leaders and youth to gather their ideas on project interests and be
  prepared to discuss at your first club meetings. See Page 2 for project ideas.
- Virginia 4-H All Star Application is due October Ist! We know Prince William has many outstanding youth that have served in leadership roles and truly promote "Making the Best Better." Membership in this honor/service organization is the highest recognition that a 4-H'er in Virginia can achieve. You can be a Virginia 4-H All Star! Click here for the application.
- Please DO NOT re-enroll in 4-H Online until after October 14th. The 4-H Online
  membership system will be closed for its annual backup and updates from September 24th through
  October 14th. We will let you know when it's time to re-enroll and the steps to re-enroll at that
  time.



Find Your SPARK! National 4-H Week is October 3-9! It's time to launch a new 4-H year with our TSC Paper Clover Campaign, Proclamation at the PWC Board of Supervisors meeting, Club Meetings and so much more! Get ready SPARKIe 4-H style!





So long, farewell, to you OUR friend! Goodbye for now, until we meet again!

Yesterday we said goodbye for now to our dear Emily Cloe! She's changing roles to become a full-time homeschooling parent this year. We are going to miss her tremendously and wish her lots of success. Emily, thanks for lending your head, heart, hands and health to all of us at PWC 4-H!



# LOGIC FUN UNDERSTANDING

# **FIND YOUR**

# WITH A PWC 4-H PROJECT

Project Ideas with Curriculum Available through Virginia 4-H:



Agriculture: All Agriculture project activities including by not limited to: Acres of Adventure, Ag in the Classroom, Agriculture Education Field Days, etc.

Aquatic and Marine Science: All Aquatic and Marine Science project activities to include but not limited to: Fishing, Project WET, etc.

Beef: All Beef project activities, to include but not limited to: Market Beef, Beef Heifer, Non-ownership Beef, Beef Challenge, Cattle Working, Beef Educational Activities, Youth Beef Shows, etc.

**Career Exploration and Awareness:** All Career Explorations and Awareness project activities.

Citizenship: All Citizenship project activities to include, but not limited to: Citizenship Washington Focus, National 4-H Conference, International Exchange, Civic Engagement, etc.

Companion Animal: All Companion Animal project activities to include, but not limited to: Dogs, Cats, Birds, Mice, Guinea Pigs and Other Exotic Species kept by humans, State Dog Show, Virtual Dog Show, etc.

Cloverbud: All Cloverbud project activities. This project area is limited to Cloverbud members only.

**Communications:** All Communications project activities to include, but not limited to: Discussion Meet, Extemporaneous Speaking, Presentation, Public Speaking, Radio Spot, Science Fair, etc.



Consumer Science: All Consumer Science Education project activities including but not limited to: Fashion Revue, LifeSmarts, etc.

Creative Arts: All Creative Arts project activities to include, but not limited to: Adobe Youth Voices, Filmmaking, Video, Photography, Visual Arts, etc.

Culture: All Culture project activities.

Dairy: All Dairy project activities, to include, but not limited to: Dairy Heifers, Dairy Cows, Non-ownership Dairy, Judging Contests, Quiz Bowl, June is Dairy Month Posters, Dairy Educational Activity, Dairy Shows, etc.

Earth Science: All Earth Science project activities to include but not limited to: Geology, Meteorology, Astronomy, etc.

Energy: All Energy project activities to include, but not limited to: Electric Energy, Wind Energy, etc.

Engineering: All Engineering project activities to include, but not limited to: Engineering Design Challenge, etc.



**Entomology:** All Entomology projects activities, including but not limited to: Beekeeping, Hokie BugFest, Butterflies, etc.

**Environmental Science: All Environmental Science project** activities, including but not limited to: Environmental Education, Natural Resource Weekend, etc.

Expressive Arts: All Expressive Arts project activities to include, but not limited to: Table Setting, Storytelling, Theatre Arts, Global Dance, etc.

Family Science: All Family Science project activities including but not limited to: Child Care, Babysitting, etc.

Financial Education: All Financial Education project activities including but not limited to: Kids Marketplace, Reality Store, Entrepreneurship, etc.

Forestry: All Forestry project activities, including but not limited to: Tree Identification, Forestry Educational Contests and Activities, etc.

Food and Nutrition: All Food and Nutrition project activities, including but not limited to: Choose Health, Food Challenge, Teen Cuisine, Healthy Weights for Healthy Kids, etc.

# INTELLECT CONFIDENCE



EARNING COMMUNITY LOGIC FUN UNDERSTANDING

Goat: All Goat project activities, to include, but not limited to: Breeding Goat, Dairy Goat, Fiber Goat, Market Goat, Non-ownership Goat, Market Goat Shows, Dairy Goat Shows, Goat Skillathon, etc.

**Healthy Living:** All Health Living project activities, including but not limited to: Health Rocks, Yoga for Kids,

Horse and Pony: All Horse & Pony project activities, to include, but not limited to: Horse, Pony, Horseless Horse, Non-ownership, 4-H Horse & Pony Shows, Hippology, Horse Judging, Horse Quiz Bowl, Horse Communications Contest, VA Horse Ambassador, etc.

Leadership: All Leadership project activities to include, but not limited to: 4-H Day at the Capitol, 4-H Congress, iCongress, National 4-H Congress, Teen Excellence in Leadership Institute (TELI), Teen Leader, etc.

Livestock Education: All Livestock Educational project activities, to include but not limited to: B&B Contests. Stockmen's Contests, Skillathons, Meat Judging, Judging Camps & Clinics, Beef Challenge, Pork Challenge, etc.

Outdoor Adventure: All Outdoor Adventure project activities

Other Animal: All Other Animal project activities not specifically listed. This could include, but not limited to: Alpacas, Llamas, Other Animal Non-ownership, etc.

Plant and Soil Science: All Plant and Soil Science project activities including, but not limited to: Ir. Master Gardener, Horticulture, Garden, School & Community Gardens, etc.

Personal Development: All Personal Development project activities to include, but not limited to: Character Counts!, Overnight Camping programs, Service Learning, etc.

Poultry: All Poultry project activities, to include but not limited to: Market Poultry, Breeding Poultry, Poultry Judging, Embryology, Poultry Educational Activities, Non -ownership Poultry, etc.

Rabbit: All Rabbit project activities, to include but not limited to: Breeding Rabbit, Meat Rabbit, Show Rabbit, Non-ownership Rabbit, etc.

Robotics: All Robotics project activities to include, but not limited to: Junk Drawer Robotics, LEGO Robotics, etc.

Science Inquiry: All Science Inquiry project activities to include but not limited to: Mission to Mars, etc.

Sheep: All Sheep project activities, to include but not limited to: Breeding sheep, Market lambs, Sheep Educational Activities, Non-ownership Sheep, Sheep & Goat Symposium, Sheep Shows, etc.

**Shooting Education:** All Shooting Education project activities, including but not limited to: Air Rifle, Shotgun, BB, Archery, Skeet, Spring Air Match, State Shoot, State Archery Match, Shotgun Championships, VA Shooting Sports Ambassador, Shooting Camp, etc.

Swine: All Swine project activities, to include but not limited to: Breeding Hog, Market Hog, Non-ownership Swine, Swine Shows, Pork Challenge, VT Swine Day, Swine educational activities, etc.

Technology: All Technology project activities to include, but not limited to: Aerospace, Computers, Drones, Makey-Makey, etc.



Vet Science: All Vet Science project activities including but not limited to: The Normal Animal, Animal Diseases, Animal Health and Our World, Airedales to Zebras, etc.

Wildlife: All Wildlife project activities to include, but not limited to: Wildlife Habitat Education Program (WHEP) program, etc.



## **PWC 4-H Resources for Curriculum Materials**

Click here to search curriculum materials available through Virginia 4-H

Click here to access Virginia 4-H Resources for School **Enrichment** (short survey to access materials)

Click here for a list of Special Curriculum Presentations available to PWC 4-H Clubs through the VA 4-H Speakers Bureau

Click here for Curriculum Available from National 4-H

Prince William 4-H Page 4

# Updated Recommendations for 4-H In-Person Programming

virginia Cooperative PLEASE REVIEW - Updated mask protocol for all in-person 4-H **Extension programming!** 

Please click here to review the complete recommendations that PWC 4-H is following to help mitigate the spread of COVID-19. (Guidelines as of August 10th, 2021.)

# Become a 4-H Shooting Education Ambassador



Applications Deadline: September 6th, 2021 Please click here for application information, rules, and to apply.

The Virginia 4-H Shooting Education Ambassador Program offers teens the opportunity to demonstrate and build upon their skills in citizenship, leadership, and public speaking as they travel around Virginia serving as advocates and spokespersons for 4-H Shooting Education. The function of this group is to help build the shooting education program in Virginia and to help its members increase their knowledge of the sport. This is a service organization for which it is an honor to be chosen and is only as strong as its participants. Click here to learn more about VA 4-H Shooting Education Ambassadors.

# **Upcoming Instructor Certification for 4-H Shooting Education**



Date: October 16th - 17th

Location: Holiday Lake 4-H Educational Center **Registration Deadline: September 30th** 

Registration for Instructor Certification is now open. Instructor candidates taking their first training course are required to complete an online training course before October 13th. All 4-H attendees must be registered with their county/unit in the 4-H Online system and have their background check initiated. Please click to access the following:

- 2021 VA 4-H Shooting Instructor Training Registration for Instructor Certification
- 2021 VA 4-H Shooting Instructor Training Guide to Online Modules
- 2021 VA 4-H Shooting Instructor Training Online General Session for Adult Leaders
- 2021 VA 4-H Shooting Instructor Training Adult Health Form
- 2021 VA 4-H Shooting Instructor Training Youth Health Form
- 2021 VA 4-H Shooting Instructor Training Fact Sheet

# Join the Virtual 2021 Global 4-H Digital Summit

A Call to Action; Let's Stay Connected!

Date: September 7th - 9th Click here to register.

To stay connected globally, Korea 4-H, Taiwan 4-H and Canada 4-H are co-hosting the 2021 Global 4-H Digital Summit to be held on September 7-9. Anyone involved in 4-H is welcome to attend this free virtual event. For more information, please visit: https://global4h.net/.

Congratulations to Dylan Gentry (Kentucky 4-H) and Katie Pascavis (Illinois & Arizona 4-H) on being selected to represent the United States of America as members of the 2021 Global 4-H Youth Committee.

# Prince William County Hosts September 11 Remembrance Service



**Who:** Prince William Board of County Supervisors **What:** 20th Anniversary September 11 Terror Attacks

When: Friday, September 10, 2021, 9:30 a.m.

Where: PWC Government Complex, September 11 Memorial Fountain near 5 County Complex Court in Woodbridge, VA 22191

Prince William Board of County Supervisors will host a remembrance service to mark the 20th anniversary of the September II terror attacks. This event is open to the public. Twenty years ago on September II, our country changed forever. Nearly 3,000 people lost their lives when terrorists attacked our nation. Across Prince William County, we lost 22 residents, more than any other region in the Washington, DC, metropolitan area. This ceremony will allow the public to honor the people that died in the terror attacks on September II, 2001.

# Every Kid Outdoors Program from the National Park Service



With the school year beginning, and the new 4-H year right around the corner, it's a great time to take advantage of the **Every Kid Outdoors Program from the National Park Service.** The program was created in 2015 in an effort to get more children and families to visit our national parks, and it has been renewed and expanded over the years to now include a wide variety of public lands.

Free Passes! The program is very simple: every 4<sup>th</sup> grade student (or home school equivalent) in the United States is entitled to get one Every Kid Outdoors pass which is valid from September 1, 2021 – August 31, 2022 (so it is valid all the way through next summer). The pass will admit that student, any other youth under the age of 16 in the party (other youth do not have to be 4<sup>th</sup> graders), and up to 3 adults free to

any site which charges an entry fee. This does not cover other fees like parking fees, camping permits, etc. but covering the entry fees can represent a significant savings to families. Any eligible student/parent can visit <a href="https://www.everykidoutdoors.gov">https://www.everykidoutdoors.gov</a> to print the free pass or to get more information.

Opportunities for Club or In-School Programming! Educators are also able to print out passes from the website for all of their 4th graders, plus there are activity guides that can be downloaded. Extension Agents and club leaders ARE considered educators for the purposes of this program! All you will need to do is visit <a href="https://www.everykidoutdoors.gov/educators.htm">https://www.everykidoutdoors.gov/educators.htm</a>, download any activity guides you would like, and fill out the information to print out the passes. Enter "Virginia 4-H Program" in the box asking for a school or organization name.

The activity guides were developed by the National Park Service, and they are easily adaptable to in-school settings, or for clubs, etc. The four activity guides are: Exploring Federal Lands & Waters, Environmental Stewardship, Our Nation's Native Peoples, and Citizen Science.

Where the Pass Can Be Used? The pass can be used at most fee-based sites administered by the following federal agencies: National Park Service • Bureau of Land Management • Bureau of Reclamation • National Oceanic & Atmospheric Administration • United States Fish & Wildlife Service • United States Forest Service • United States Army Corps of Engineers

With the ongoing effects of COVID, I know that many 4-H clubs plan outdoor programming, and many families are in search of outdoor weekend or school break trips. The beginning of the 4-H year is a great time to be thinking about visiting our national parks and recreation areas. Virginia alone has some 22 National Park Service sites which range from Revolutionary War battlefields and natural landmarks, to Civil Rights monuments and cultural heritage. You can find these online at <a href="https://www.nps.gov/state/va/index.htm">https://www.nps.gov/state/va/index.htm</a>.

Many parks also offer educational programming which support our 4-H pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. Some of these lessons are available online for educators to use at the Teaching With Historic Places website: <a href="https://www.nps.gov/subjects/teachingwithhistoricplaces/index.htm">https://www.nps.gov/subjects/teachingwithhistoricplaces/index.htm</a>.

# Let's get Every Kid Outdoors!

# PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105, Manassas, VA 20109

#### Click to Visit Online:

PCW 4-H Virginia State 4-H National 4-H

# Your Dedicated PWC 4-H Staff

#### MaryBeth Lerch

4-H Extension Agent mlerch@pwcgov.org 703-792-4536

#### Kristin Saul

4-H Youth Educator ksaul@pwcgov.org 703-792-4762

#### **Emily Cloe**

4-H Youth Educator ecloe@pwcgov.org 703-792-4761

#### Candi Helmlinger

4-H Program Specialist - Newsletter <a href="mailto:chelmlinger@pwcgov.org">chelmlinger@pwcgov.org</a>



# **PWC 4-H Resources**

## National 4-H

National 4-H Homepage

# Virginia 4-H

VCE 4-H VCE COVID-19 Updates

4-H Online Information
The 4-H Foundation
Educational Resources
4-H All Stars

STEM in Virginia 4-H VCE Speakers Bureau

## Prince William 4-H

PWC 4-H Homepage

PWC 4-H Programs

PWC 4-H Camps

PWC 4-H Events & Calendar

## **Portfolio Records**

Member Record

Cloverbud Sheet

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

Outstanding Member Form





# 2020-2021 PWC 4-H Association Officers

#### Youth Officers

Samantha Whysong, President Kayla Dixon, Vice President Alexis Cox, Treasurer Secretary- Vacant

#### **Adult Officers**

Matt Valentino, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Tom Harrigan, Secretary

#### Committee Chairs

Fundraising Committee - Samantha Whysong Recognition Committee - Alan Lerch Membership Committee - 4-H Staff