



EARLY INFORMATION AND LEARNING WEBSITES

FEEDING

1. www.askdrsears.com (great information on feeding infants and toddlers, breastfeeding, behavior management, picky eaters)
2. www.gerber.com (menus and ideas, feeding charts)
3. www.beechnut.com (menus and information on nutritional needs)
4. www.lalecheleague.org (breastfeeding and parenting support, information in several different languages)
5. www.breastfeeding.asn.au/bfinfo (breastfeeding articles)
6. www.quakeroatmeal.com/toddler (free growth charts, toddler nutrition information)

NATURAL ENVIRONMENT

1. www.poweroftheordinary.org (making everyday life a learning experience)
2. www.bornlearning.com (turning everyday moments into learning opportunities)

OTHER ONLINE RESOURCES/LISTINGS

1. www.dcparents.com
2. www.nichey.org (National Dissemination Center for Children with Disabilities)
3. www.greatermanassas.com
4. www.princewilliamsources.com
5. www.irsc.org (Internet Resource For Special Children)
6. www.visitpwc.com
7. www.pwcparks.org
8. www.pwcweb.com
9. www.pwcgov.org/DocLibrary/pdf/002020.pdf (PWC EI community resource list)

VISION

1. www.acb.org/resources/parents.html (American Council of the Blind resources for parents of children who are blind or visually impaired)
2. www.infantsee.org (information on your baby's developing eyes)

HEARING

1. www.babyhearing.org (information about your baby's hearing, strategies to encourage communication development for children that have a hearing loss)
2. www.ncbegin.org (beginnings for parents of children who are deaf or hard of hearing)

SIGNING

1. www.signwithme.com (sign language video dictionary, article on why sign?)
2. www.mybabycantalk.com (information on benefits of signing, how to begin, video dictionary of signs)
3. www.lifeprint.com (signing dictionary)
4. www.linton-entertainment.com/asl/links.html (free ASL activities, ASL resources)
5. www.aslpro.com (free video signing dictionaries)
6. www.signingtime.com (information about the benefits of signing)

SENSORY

1. www.sensoryresources.com/links.asp?LCID=2 (resources for children with sensory motor, developmental and social emotional challenges)
2. www.sensorysmarts.com (signs of sensory integration dysfunction, tips on helping your child, sensory diet activities, other resources)
3. www.therapyshoppe.com (an occupational therapist owned and operated specialty shoppe)
4. www.otoutcomes.com (fun recipes, information on what is sensory integration and a sensory diet)
5. www.keystoneblind.org/kidsclub/exercises (sensory integration exercises, fun recipes)
6. www.weightedvest.com (information on what is sensory integration and purpose of using a weighted vest)
7. <http://www.geocities.com/toddlermoms/index.html> (homemade recipes for paint, bubbles and other fun activities)

FREE ARTICLES/HANDOUTS

1. www.superduperinc.com/handouts.asp (informational handouts on a variety of topics, such as language building, early skills, sensory integration)
2. www.scanva.org/scanresources.htm (free brochures to request in English and Spanish on a variety of topics, including discipline, nutrition and toilet training)
3. www.jjpi.com (Johnson & Johnson Pediatric Institute free brochures in English and some in Spanish on a variety of topics including development, massage, sleep, magic of everyday moments)
4. www.kidshealth.org (practical parenting information on parenting, development, play, sleep in English and Spanish)
5. www.nlm.nih.gov/medlineplus/infantandnewborn.html (parenting articles on a variety of topics in English and some in Spanish)
6. www.aap.org/family (articles on health and parenting topics)
7. www.americanbaby.com (articles on a variety of topics)
8. www.preemiemagazine.com (Free subscription to Preemie magazine, free articles once joining free online account)
9. www.babycenter.com (suggestions on many topics including: sleeping, health, behavior, development)
10. www.childfun.com (suggestions on topics such as potty training, signing slide show, development, safety, feeding)
11. parenting.ivillage.com (suggestions on a variety of topics such as development, feeding, parenting, parenting multiples)
12. www.ds-health.com (Articles on health issues and development for children with Trisomy 21)
13. www.down-syndrome.info (free articles and modules on children with Trisomy 21)
14. www.growthcharts.com (free growth charts for children with Trisomy 21)
15. www.nccc.org/infanttoddler/infod.page.html (information on growth and development of children in Spanish and English, articles on nutrition, health and safety)

DEVELOPMENT/PLAY

1. www.floor-time.org (parenting information on development, strategies/activities to strengthen the primary milestones for connecting emotionally, communicating and thinking)
2. www.pathwaysawareness.org (free growth and development charts 3 months to 15 months in English, Spanish, French and Hebrew)
3. www.preventiveoz.org (discover your child's temperament and obtain parenting tactics that may work for your child)
4. www.kidsource.com/kidsource/content/toys_ply.html (information on the importance of play)
5. www.zerotothree.org (child development, strategies to help your child grow and develop, free Healthy Minds handouts in English and Spanish)

6. www.talaris.org (Parenting practices, information on early learning, video clips on useful strategies)
7. www.ableplay.org/ (snapshot of toys' appropriateness for children with special needs providing play ideas and adaptation suggestions)
8. <http://www.pagewise.com/articles/indoor-toddler-activities.htm> (toddler play activities)
9. <http://www.twinslist.org/toddler.htm> (play activities)
10. www.universalpreschool.com/how-to/teaching-young-children.asp (home activity suggestions, fun recipes)
11. www.urbanext.uiuc.edu/toddlers/ (information on dealing with toddlers in English or Spanish)
12. www.zerotothree.org/tips/play-series.html (article on the importance of play)
13. www.woodbinehouse.com (books about children with special needs)

SLEEPING & POTTY TRAINING

1. www.aap.org/healthtopics/sleep (suggestions on how to help children sleep better at night as well as information on other common problems)
2. www.pottytrainingsolutions.com (helpful hints on before starting, when to start, signs of readiness, and steps to take in potty training your child)

LANGUAGE

1. www.do2learn.org (free picture communication cards)
2. www.freefoto.com (free photos to print)
3. www.usda.gov/oc/photo/opclibra.htm (a photo library without royalty or copyright restrictions, prints and transparencies can be ordered)
4. www.pdp-pro.com (sells whistles, oral motor toys- vibrating, Chewy Tubes, Nuks, and Sensory toys)
5. www.kaplanc.com/store/trans/productdetailform.asp?catid=6%7ccb1005%7co&collid=29332 (bilingual books for young children and their families)
6. www.integrationscatalog.com (oral motor and sensory toys)
7. www.talktools.net (articles on oral motor and speech development, sells oral motor tools)
8. <http://www.abaresources.com/free.htm> (ABA educational resources - free picture symbols, check out list of other free downloads)
9. www.vocaldevelopment.com (information about early speech development)