

## **Private Signing Mental Health Providers In Northern VA**

Virginia Gutman, Ph.D.  
1225 Martha Custis Drive  
Alexandria, VA 22302  
703-568-3744

\*Doesn't accept insurance but does have sliding fee scale (cost depends on income)

Kerry Altman, Ph.D.  
3923 Old Lee Highway, 63-D  
Fairfax, VA 22030  
703-691-1571

[kerry.altman@aol.com](mailto:kerry.altman@aol.com)

\*Accepts Anthem Blue Cross, Value Options, Medicare Part B (not Medicaid), Kaiser, Tricare, Healthlink NCPPO or Unicare (some sliding scale but very limited)

Natalie Smith, Psy.D.  
7019 Backlick Court  
Springfield, VA 22151  
VP: 703-731-4581

email: [DrNatalieS@gmail.com](mailto:DrNatalieS@gmail.com)

\*Accepts Anthem (not Carefirst) and Kaiser

Rebecca Sadler, LPC, NCC  
9506-B Lee Highway  
Fairfax, VA 22031  
703-798-9136 (voice)  
[bksadler@hotmail.com](mailto:bksadler@hotmail.com) (preferred contact)

\*Accepts most insurance plans, provides EAP services, but does not accept Medicaid or Medicare

Peter Chirinos, MA  
1600 Wilson Blvd., Ste. 702  
Arlington, VA 22209  
571-344-5926

\*Doesn't accept any insurance and cost set up case by case generally \$100 for 45-50 minute sessions

Katy McHugh, LCSW  
Phoenix Family Counseling and Play Therapy Center  
7350 Heritage Village Plaza, Suite 201  
Gainesville, VA 20155  
Ph 571-248-0626 ext 103

[kmchugh@phoenixfamilycounseling.com](mailto:kmchugh@phoenixfamilycounseling.com)

\*Accepts Anthem, Healthkeepers, Healthkeepers Plus, Carefirst, Tricare, Kaiser and Aetna