Special Edition
Prince William 4-H

Our Clubs, Our Community

December 7, 2022

Upcoming Events

Dec 13 - PW 4-H Teen Club & Homemade Holiday Gift Night
Dec 17 - Wreaths Across America
Jan 1 - Horse Enrollment Project Deadline
Jan 12 - PW 4-H Teen Club - Citizenship
Jan 14 - Clover(bud) Club
Jan 17 - 4-H Association Meeting
Jan 18 - 4-H Day at the State Capitol
Jan 20 - Camp Counselor Applications Due
Feb 11 - Clover(bud) Club
Feb 15 - PW 4-H Teen Club - Healthy Living
Feb 18 - PW 4-H Contest Day
Feb 25-26 - TALT Weekend

Inside this issue:

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Virginia Cooperative Extension
Virginia Tech • Virginia State University

Save the Date for Virginia 4-H Day at the Capitol!

Date: January 18th
Location: Dominion Energy Center, 600 E. Grace St,, Richmond, VA
4-H Day at the Capitol provides an opportunity for youth to learn about governmental procedures and emphasizes the importance of citizen involvement in the governmental process. Participants visit with legislators sharing their 4-H experiences and learning about the role of legislators in government. They observe the legislative process in action, have opportunities to learn about the congressional aides and pages programs, and have an opportunity to tour the Capitol, museums, or other historical sites in the Richmond area.

GENERAL SCHEDULE

9 am	Meet legislators and other 4-Hers (refreshments)
10 am	4-H Rally and State Capitol Photo
11:15 am	Tour the Capitol/Visit the legislature in Session
12:30 pm	Lunch Break

Afternoon visits to surrounding government and historic sites.

WHO SHOULD ATTEND

All Prince William 4-H'ers ages 9 - 19 and adult volunteers

WHY YOU SHOULD ATTEND

- ★ See our Virginia government in action and meet with legislators! Visit and tour sites that are important to our state government that you might not otherwise be able to see.
- ★ Virginia 4-H Day at the Capitol is a statewide event for all 4-H'ers across the Commonwealth. Participation in this event is important for building your 4-H Portfolio, applying for 4-H leadership positions, applying for scholarships, and building your work and college resumes. *Have you considered volunteering for a Prince William 4-H Association leadership position* *(see Page 10)**?*
- ★ Attending this higher level event is important for your Virginia 4-H All Star or Virginia 4-H Pillar Award Application.
- ★ It's an EXCUSED absence from school, thanks to Virginia 4-H'er Harper Miller who lobbied the VA General Assembly last year. Click here to read the law.

Bonus Activities for Prince William 4-H'ers will be announced soon! You MUST complete the survey below if you are interested in attending Virginia 4-H Day at the Capitol.

Please Complete the Survey to Help Determine Bus Size

ALL 4-H MEMBERS (including youth and adults) interested in attending Virginia 4-H Day at the Capitol MUST complete the interest survey. We're using the responses to determine transportation, activities, tours, and costs.

Click here for the survey.

Prince William 4-H Important Dates for Your Calendars

DEC 13: HOMEMADE HOLIDAY CRAFT NIGHT & TEEN CLUB
Start working on your homemade holiday gifts at our new, Prince William 4-H Homemade Holiday Craft night! All craft supplies provided by 4-H and there is no fee to participate. Please RSVP TODAY so that we have enough supplies for everyone. See PAGE 8 for details. Click here to RSVP.

JAN 12: PRINCE WILLIAM 4-H TEEN CLUB - CITIZENSHIP
SAVE THE DATE! Our January 4-H Teen Club will jump start an exciting month focusing on Citizenship. 4-H'ers will engage in exciting activities in preparation for 4-H Day at the State Capitol. All Prince William 4-H teens age 14-19 should attend this meeting (whether or not you are attending 4-H Day at the State Capitol). *More information coming soon.*

JAN 14: PRINCE WILLIAM 4-H CLOVERBUD CLUB
SAVE THE DATE! Prince William 4-H Cloverbuds are invited to the Homemade Holiday Craft Night on December 13th for a family-friendly evening making crafts, snacking on pizza, and sipping hot chocolate with your 4-H friends. Our next official meeting will be on January 14th. *More information coming soon.*

JAN 17: PRINCE WILLIAM 4-H ASSOCIATION MEETING
SAVE THE DATE! The Prince William 4-H Association meeting is for all youth and adult members. The meeting reviews upcoming programs and opportunities and is an excellent to network with other 4-H'ers. See PAGE 10 for more information and consider volunteering for an important leadership role!

JAN. 18: VIRGINIA 4-H DAY AT THE CAPITOL
SAVE THE DATE! This popular annual event for Prince William 4-H'ers ages 9-19 is an exciting full day of civic engagement at the Virginia State Capitol. Thanks to VA 4-H'er Harper Miller who lobbied the VA General Assembly last year, 4-H youth have an excused absence from school to participate...and it's the law! *See front page and more details coming soon!* You must complete the interest survey if you are considering attending. Click here for the survey.

Handmade Quilt Auction to Support Prince William 4-H

Betty Ann Blanton, a superfan and generous Prince William 4-H supporter, has donated two stunning handmade quilts to raise funds to support our local youth attending 4-H camps.

The horse-themed quilt is twin size and is a perfect holiday gift for your 4-H horse enthusiast.

The holiday snowman quilt is the perfect lap quilt to keep any family member warm through the winter holidays.

The online silent auction opens tomorrow, December 8th, and runs through Tuesday, December 20th. The winning bidders may pick up the quilts at the 4-H office in Manassas before Friday, December 23rd - just in time for the holidays!

Click here to place your bid and support Prince William County 4-H'ers!

4-H SPIN Club Anyone?

A 4-H SPIN Club is a **SP**ecial **IN**terest club where five or more young people learn about a topic of interest. Topics vary and include interests such as nature, science, photography, gardening, and more. SPIN clubs are led by volunteers who have a passion and want to share their knowledge with young people. We have lots of ideas for exciting programming in 2023. What inspires you to participate or volunteer this year?

Please contact Pam Hardin or DeeAnn Strand with your ideas and interests.

Wreaths Across America Ceremonies: December 19th

Please click here to find your Prince William 4-H Club's page and to sponsor a wreath.
Click here for a Veteran's Wreath coloring activity.
Click here to learn more about Wreaths Across America.

Wreaths Across America is a Prince William 4-H community service initiative. Their mission is to **REMEMBER** our fallen US veterans, **HONOR** those who serve, and **TEACH** our children the value of freedom. We invite you to honor a veteran in your life by sharing their stories and your memories of them, sponsoring wreaths in their name at Quantico or Arlington Cemetery, and by encouraging others to do the same.

TRIGGER TIME 4-H SHOOTING EDUCATION CLUB DEFEATS SOUTH PANOLA AFJROTC

November 28, 2022: Trigger Time 4-H Shooting Education Club edged out South Panola AFJROTC 2148.2 to 2132.1 last Tuesday in the National Air Rifle League Sporter Invitational Tournament. Trigger Time 4-H Shooting Education Club was led by Lexi Strand who shot a 548.7, Samantha Seagle who shot a 547.2, Grace Richter who shot a 526.2, Samantha Erick who shot a 526.1, and Noah Richter who shot a 514.0. Next up Trigger Time 4-H Shooting Education Club will compete against Kelly Walsh MCJROTC from Casper, WY in the Sporter Invitational Tournament semi-final game.

TRIGGER TIME PLACES 2ND OVERALL AT THE RED FOX INVITATIONAL

December 3, 2022: Trigger Time sent eight club members to the 2022 Red Fox Invitational at King George High School. We shot a 3x20 match against 86 other competitors from both Maryland and Virginia with our team coming in 2nd place overall and Lexi Strand winning 1st place individual. At this match, all of our participants performed well and we look forward to more growth and progress in future matches.

Press Releases Submitted by 4-H youth contributor Noah Richter, Trigger Time 4-H Shooting Education Club.

Click here for Trigger Time 4-H Shooting Education Club Team Page

Flannel, Frost & 4-H

PRINCE WILLIAM
4-H RECOGNITION DAY

A special thanks to Pam Hardin for capturing these beautiful photos.

Celebrating YOU!

PWC 4-H Recognition Day

Project Records and Portfolios

Clover buds
Maria Konstanty - *S.A.L.T.*

Juniors and Seniors
Kettle Run 4-H Club
Bailey Dove - *Leadership*
Grayson Dove - *Citizenship*
John Sharpe - *Citizenship*

PW 4-H Teen Club
Aiden McDonald - *Photography and Cooking*

Trigger Time 4-H Club
Samantha Seagle - *Shooting Sports*
Ayden Strand - *Shooting Sports*
Alexis Strand - *Shooting Sports*

Outstanding Member

Kettle Run 4-H Club
Bailey Dove
Grayson Dove
Hudson Lee
Julia Lee
Owen Lee
John Sharpe
Jason Sharpe

PW 4-H Teen Club
Aiden McDonald

Prince William 4-H
Maria Konstanty

Trigger Time
Lexi Strand
Ayden Strand
Samantha Seagle

2021 All Star Recipients

Ryan Nguyen

Countywide Event or Competition

Presentations
Lauren Byrd
Chloe Canyon
Albert Cloe
Kathryn Cloe
Stephen Cloe
Bailey Dove
Grayson Dove
Kasey Honaker
Willow Jarels
Katelyn Kellum
Maria Konstanty
Aiden Kresge
Rachel Kutner
Emma Locklear
Aiden McDonald
Maya Mitchell
Anna Nicely
Barbour Peyton
Ashley Pumphrey
Olivia Schalles
Jason Sharpe
John Sharpe
Ayden Strand
Lexi Strand
Elena Guallar Thompson
Katherine White
Naiomi White
Samantha Whysong
Ryan Williams

Table Setting
Kathryn Cloe

Share the Fun
Bailey Dove
Grayson Dove
Maria Konstanty
Rachel Kutner
Jason Sharpe
John Sharpe
Lexi Strand
Ayden Strand
Ulric Summerlin

Districtwide Event or Competition

Food Challenge Contest
Bailey Dove
Cara Grahn
Simon Grahn
Ben Hirshey
Tim Hirshey
Julie Lee
Grace Richter
Noah Richter
Ulric Summerlin
Zia Tompkins
Hannah Wang

Presentations
Bailey Dove - *Public Speaking*
Grayson Dove - *Public Speaking*
Aiden McDonald - *Dramatic Reading*
Jubilee Richter- *Public Speaking*
Noah Richter - *Public Speaking*
Noble Richter- *Science Fair*
Sam Seagle- *Public Speaking*
Ayden Strand - *Presentation*
Alexis Strand - *Presentation*
Noah Richter- *Extemporaneous*
Noble Richter - *Public Speaking*
Colin White- *Public Speaking*
Jacob White - *Public Speaking*

Share the Fun
Bailey Dove - *Drama*
Grayson Dove - *Drama*
Valor Richter - *Instrumental*
Ulric Summerlin - *Vocal*

District Match
Brianna Erick
Samantha Erick
Jonathon Farr
Timothy Hirshey
Jacoby Holmes
Samantha Holmes
Kira Lorentz
Amari Mason
Zaynab Mason
Caroline McPherson
William McPherson
Aisling Mintz
Koa Mintz
Tonchi Mintz
Christopher Nevarr
Christopher Valor Richter
Grace Richter
Jubilee Richter
Noah Richter
Noble Richter
Katie Saul
Samantha Seagle
Ben Stewart
Alexis Strand

PWC 4-H RECOGNITION DAY

Ayden Strand
Ulric Summerlin
Julia Wallschlaeger
Nora Wallschlaeger
Colin White
Jacob White

EquiSmartz Educational Contest

Horse Bowl - Seniors
Alexis Cox
Erika Cox
Hannah Wang
Katelyn Kellum

Horse Bowl - Juniors
Chloe Canyon
Aiden Kresge
Anna Nicely
Naiomi White

Hippology
Anna Nicely
Willow Jarells
Naiomi White

Communications
Maya Mitchell
Naiomi White
Ryan Williams
Sierra Nicole Wimer

Horse Judging
Peyton Barbour
Ryan Williams
Sierra Nicole Wimer

Statewide Competitions or Events

State Congress Attendees
Chloe Jones
Aiden McDonald
Samantha Whysong

Presentations
Ryan Nguyen
Samantha Whysong

Shotgun Champs
William Kennedy
Mason Norris
Noble Richter
Ben Stewart

State Match
Samantha Erick
Jonathan Farr
William Kennedy
Mason Norris
Jubilee Richter
Grace Richter
Samantha Seagle
Ben Stewart
Ayden Strand
Lexi Strand
Noah Richter
Noble Richter

Spring Air
Samantha Erick
Gabe Haley
Timmy Hirshey
Caroline McPherson
Karis Piazza
Jubilee Richter
Grace Richter
Noah Richter
Noble Richter
Samantha Seagle
Lexi Strand

State Show
Lauren Byrd
Keshia Hamlett
Carolyn Hicks
Libby Pumphrey
Trae Kohn
Kayla Roy
Samantha Whysong
Sierra-Nicole Wimer

Regional and National Event or Competition

Southern Regional Horse Show
Maya Mitchell - *Presentation*
Lauren Byrd
Libby Pumphrey
Samantha Whysong
Sierra Nicole Wimer

4-H National Shooting Sports Championship
Samantha Erick
Grace Richter
Noah Richter
Sam Seagle

Daisy Nationals
Noble Richter
Ben Stewart
Alexis Strand
Ayden Strand
Jacob White
Colin White

4-H Club Leader Years of Service

4 Years
John Floyd, *Nokesville 4-H Club*
Jamie McNealy, *Linton Hall 4-H Club*
Melinda Vaikasiene, *Nokesville 4-H Club*

5 Years
Emily Cloe, *Phantom Riders*
Elizabeth Lewis, *Phantom Riders*
Larissa Miller, *Compass 4-H*
Mark Willey, *Bulls Eye*

6 Years
Adam Dove, *Kettle Run*
Mallory Dove, *Kettle Run*
Michelle Lee, *Kettle Run*
Tracey Whysong, *Nokesville Equestrian Mane & Tail*
Susan Wolf, *Old Dominion Equestrian*

8 Years
Tom Harrigan, *4-H Association*

9 Years
Alan Lerch, *Trigger Time & 4-H Association*
Sydney Nguyen, *Nokesville 4-H & 4-H Association*
Kristin Saul, *Buckhall Community Club & Nokesville Community Club*
Sarah Turner, *Phantom Riders*

14 Years
Catherine Konstanty, *Clever Clovers*

4-H Club Leader Outstanding Years of Service

16 Years: Ron Smith, *Trigger Time*
20 Years: Donna Weisheit, *Pins & Patterns & 4-H Association*
41 Years: Mary Lou Malo, *Country Flyers, Trigger Time, Fair Camp*

COME JOIN US FOR A

HOMEMADE HOLIDAY

Craft Night

ENJOY A FAMILY-FRIENDLY EVENING MAKING HOLIDAY CRAFTS WHILE SNACKING ON PIZZA, POPCORN, AND SIPPING HOT CHOCOLATE WITH YOUR 4-H FRIENDS!

Tuesday **13 DEC.**

6-9 PM

PRINCE WILLIAM 4-H

McCoy Conference Room
8033 Ashton Ave.
Manassas, VA 20109

CLICK HERE TO REGISTER

STRING ART ❄ YARN ORNAMENTS ❄ REINDEER THUMBPRINT ORNAMENTS

WRAPPING PAPER & GIFT BAGS

PLEASE REGISTER BY MONDAY, DECEMBER 5TH

All craft supplies provided by 4-H and there is no fee to participate.

PRINCE WILLIAM 4-H

Embryology Project

The **"Beginning of Life" 4-H Project** is designed to help youth obtain a better understanding of life and embryonic development. 4-H educational materials guide students through each step of the hatching process from preparing the eggs for incubation to building a brooder for the newly hatched chicks. These educational materials address Standards of Learning (SOLs) for math, science, English, life science, and computer technology. 4-H will provide fertilized eggs, guide you through training, support you during the hatch, and then collect the chicks to be sent to a local farm.

Click here to register your 4-H Club or PWCS, Manassas City, or Manassas Park school class.

IMPORTANT DATES

Embryology Registration
Dec 1st - Jan 31st

In-Person Leader Training
TBD

Incubator Pickup *(if rented from 4-H)*
PW4-H, 8033 Ashton Ave, #105
Feb 21 or Feb 22, 1-4pm

Egg Pickup
PW4-H, 8033 Ashton Ave, #105
Feb 27 10 3-6 pm
Feb 28 9 am-12 pm

Hatch Days: March 19th- 21st!

Chick Drop Off
PWC Fairgrounds
Mar 25 9 am - 12 pm
Mar 30 12 - 3 pm

CONTACT INFORMATION

DeeAnn Strand
4-H Youth Educator
dstrand@pwcva.gov
703-792-4762
www.pwcva.gov/4-H

Prince William 4-H Embryology Project

Prince William 4-H

4-H GROWS HERE

Prince William 4-H ASSOCIATION

18 USC 707

HEAD
HEART
HANDS
HEALTH

SUPPORT OUR 4-H YOUTH

The Prince William 4-H Association is a non-profit organization that supports our county's 4-H youth programs. Through fundraising efforts, the Association provides scholarships, learning opportunities, and educational programing to our members and the greater Prince William community. The Association is comprised of a dedicated volunteer group of both youth and adult community members.

4-H Grows Here!

VOLUNTEER LEADERSHIP OPPORTUNITIES

Support your community, gain leadership experience, and build your resume by volunteering for a Board position within the Prince William 4-H Association. The following positions are vacant and need your support:

YOUTH LEADERSHIP VACANCIES

- **Vice President**
- **Treasurer**
- **Secretary**

ADULT LEADERSHIP VACANCY

- **Secretary**

CONTACT MARYBETH LERCH FOR MORE INFORMATION.

WHO SHOULD PARTICIPATE

All adult and youth Prince William 4-H members are encouraged to attend the bi-monthly meetings to learn more about upcoming programming, opportunities, and network across county clubs.

LEADERSHIP NETWORKING INFORMATION FUN!

Prince William 4-H Association Meeting

TUESDAY, JANUARY 17TH

7 PM

Prince William 4-H
McCoy Conference Room *(upstairs)*
8033 Ashton Ave.
Manassas, VA 20109
RSVP link coming soon

PRINCE WILLIAM COUNTY • VIRGINIA

Virginia 4-H Horse Program

2022 HORSE PROGRAM END OF YEAR AWARDS

Nominations Due Dec. 15th

Annual End of Year Awards are recognized by those actively involved in the 4-H Horse Program. Please join us in celebrating our top Member of the Year, Volunteer of the Year, and Club of the Year.

- Member of the Year wins an embroidered jacket
- Volunteer of the Year wins an embroidered jacket.
- Club of the Year wins a Club Plaque and individual 4-H prizes for each member.

Click here for Nomination Forms

SAVE THE DATE FOR EQUISMARTZ 2023

Dates: March 31st – April 2nd
Location: Lexington, VA
Entry deadline: March 15th
TENTATIVE SCHEDULE:
Friday – 4-H and FFA Hippology
Saturday - 4-H and FFA Horse Judging
Sunday – 4-H Horse Bowl and Communications Contests

2023 VIRGINIA HORSE COUNCIL MEMBERSHIP DRIVE

The 2023 membership drive for the Virginia Horse Council is underway. Now through December 31st, get $5 off all memberships (*excluding Premium & Life memberships) and any Equine Group or Assoc. with more than 100 members receive $10 off.

The first 100 2023 VHC memberships will receive a feed coupon good for 1 free bag of Nutrena horse feed in their welcome packet! In addition, the first 100 2023 VHC memberships will also receive a coupon good for either 1 free bag of Blue Seal/Sentinel Feeds or a $5 off coupon for a bag of Blue Seal/Sentinel Feeds.

Click here o complete your 2023 membership application online.

JOB OPPORTUNITY! VT is accepting applications for a Collegiate Livestock Judging Coach/ Livestock Production Specialist at VA Tech. The successful candidate will have the responsibilities of building a VA Tech collegiate livestock judging program through the recruitment and education of outstanding students. For many years, the livestock judging program at VA Tech was an avenue for training many of our most accomplished graduates who then went on to be industry leaders, educators, and producers in Virginia and across the United States; and we are looking forward to offering those same opportunities again. Click here for more information and to apply.

Ignite by 4-H Teen Summit

Dates: March 9-12, 2023
Location: Washington, D.C.
Click here for more information and to register.

Join us in D.C. for a 4-day experience where high-school aged teens connect, make memories and find their spark by exploring the best 4-H has to offer in STEM, Agriscience, Healthy Living, Career Readiness and Emotional Well-being.

Buzz BODY & BITES for Teens

Buzz

Here are some DIY gift ideas to get you started:

- Hot Cocoa Stirrers
- Fudge
- Apple Butter
- Soap
- Candles
- Hand Knit Hat
- Bath Salts or Sugar Scrub
- Woven Pot Holders
- Pocket Hand Warmers
- Play-dough or Slime

Holiday Gifts from the Heart

By Ellie James, 2022-2023 Healthy Living Ambassador

The holidays are quickly approaching! What better time to show your friends and family how much they mean to you, and what better way than with a homemade gift from the heart. A quick Google search, or look at Pinterest, will give you lots of ideas. Find something you're good at, like knitting or art, and craft a unique handmade gift. But, you don't have to be crafty to make something they love. There are a lot of good ideas for homemade gifts that are easy to make, like putting together the dry ingredients for a favorite cookie mix in a jar or assembling a hot cocoa kit. You don't have to spend a lot of money to make something special for your loved ones. You could make a more personalized gift, perhaps writing a poem and framing it, or making photo-collaged coasters. If you're short on time, there are some great DIY gifts that don't take long to make. For example, if you like to paint, wood sliced ornaments would be a quick, easy gift anyone would appreciate. Whatever you make, your family and friends will appreciate the time, care, and love that goes into your homemade gifts!

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 This material was partially funded by USDA's Supplemental Nutrition Assistance Program-SNAP, and was supported by Expanded Food Nutrition Education Program (USDA/NIFA).

BITES

Eat Smart • *Move More*

Fruit Kabobs & Yogurt Dip

Prep Time: 15 minutes Total Time: 15 minutes

Ingredients

1 cup pineapple, cut into chunks
1 cup seedless grapes
1 cup strawberries, hulled
1 cup watermelon, seeded and cut into chunks
2 kiwis, peeled and sliced
5 ounces low-fat vanilla yogurt

Nutrition Facts

Amount per serving	
Calories	80
Total Fat	1%
Saturated Fat	0%
Trans Fat	
Cholesterol	0%
Sodium	1%
Total Carbohydrate	9%
Dietary Fiber	4%
Total Sugars	12g
Includes g Added Sugars	
Protein	g
Vitamin D	0%
Calcium	4%
Iron	0%
Potassium	4%

Quick Tips

- Always wash produce before cutting.
- You can easily change this recipe by using different fruits. Try blueberries, mango, honeydew melon, or oranges.
- Most fruit peels are edible. Eating the peel provides you with more fiber and nutrients.

Directions

- Arrange fruit chunks on the skewers.
- Serve kabobs alongside yogurt as dip.

Find this recipe and more at: eatsmartmovemoreva.org

Follow us | Like us

www.eatsmartmovemoreva.org

Virginia Cooperative Extension

(Article adapted from Food and Health Communications, Inc., as shared in Project: Wholesome Wraps USDA SNAP-Ed)

www.eatsmartmovemoreva.org

For a fun holiday spin on this recipe, make **Grinch Kabobs** by stacking the following on a wooden skewer:

- 1 green grape
- 1 banana slice
- 1 hulled strawberry
- 1 mini marshmallow

BODY

Window Shopping

By Alice Milton, 2022-2023 Healthy Living Ambassador

Window shopping is a leisurely and pleasant activity many engage in, especially throughout the holiday season. The ornamental lights, holiday attire, and colorful decorations captivate many. Since this is enjoyable for most, why not focus on the exercise aspect for a moment?

Visit a local town square or city, and take a peek at the charming holiday decor the shops and streets have to offer! Try to count the snowmen, gingerbread houses, or whatever you see, to add an enjoyable challenge to the walk. Bring your loved ones along, and appreciate the decorations together. This is an activity that you can make your own!

Exercise does not have to be boring. You can sculpt it into something that suits you! Take time throughout this holiday season to go for a walk and window shop. Who knows what you can discover?!

Exercise Your Mind

Reindeer Logic Puzzle

Santa's reindeer had a race to see who would lead the sleigh this year. Medals were given to the top three reindeer. In what order did they finish?

- Blitzen finished two ahead of Cupid and three ahead of Vixen.
- Rudolph finished just ahead of Blitzen and just behind Dancer.
- Only one reindeer was slower than Cupid.
- Comet was pleased to have beaten Rudolph, but he wished that he'd also beaten Dasher.
- Prancer, Comet, and Dasher all won medals.
- Donner was unhappy to be in the bottom half of the results.
- Prancer was delighted to beat Dasher.

Answer: 1.Prancer 2.Dasher 3.Comet 4.Dancer 5.Rudolph 6.Blitzen 7.Donner 8.Cupid 9.Vixen

Resources

Virginia 4-H | Facebook

www.facebook.com/Virginia4HStateOffice

Virginia Family Nutrition Program

eatsmartmovemoreva.org

www.facebook.com/VaFNP

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Join us!

Thursday, January 19, 2023
6-9 PM

Please join us for an Evening with Virginia 4-H to recognize the achievements of our 4-H youth and the contributions of our supporters. Enjoy a cocktail and heavy hors d'oeuvres reception with fellow members of the Virginia 4-H Community followed by a recognition ceremony in the historic Carpenter Theatre within Dominion Energy Center in downtown historic Richmond. Conclude your evening activities with dessert and coffee or night cap as you mingle with 4-H members, volunteers, alumni, and friends.

Evening Celebration:

6:00 - 6:45 PM ~ Welcome Reception ~ Second Floor Lobby
7:00 PM ~ Doors Open ~ Carpenter Theatre
7:15 - 8:00 PM ~ Recognition Ceremony ~ Carpenter Theatre
8:00 - 9:00 PM ~ Dessert Reception ~ First Floor Lobby

Registration is ***$44 per person*** and includes parking, welcome and dessert reception and entrance to recognition ceremony.

Register by January 10, 2023 at
https://aimsbbis.vt.edu/23eveningva4h

For questions or assistance registering, please contact CALS Advancement by emailing va4hadvancement@vt.edu or by calling (540)231-1096.

4-H Nature Explorers Weekend

Date: January 28-29

Location: Holiday Lake 4-H Educational Center, Appomattox, VA

Who Should Attend: For 4-H Members Ages 9-18 and 4-H Volunteers

Cost: $75 youth 4-H'ers and $55 adults

Click here for more information and to register.

Activities may include archery, hiking, low ropes, and more!

Contact Jack Wagstaff, Natural Resource Education Coordinator, at (434) 248-5444 or jwagstaff@vt.edu with any questions.

4-H GROWS HERE

Desegregation of the Extension Service

Every month The Ivy Creek Foundation hosts Ivy Talks related to history, conservation, preservation, and natural history. This month, the speaker will be Dr. Carmen Harris, who is a professor of history at the University of South Carolina, who teaches African-American, U.S., Southern, and Latin American history. Her research and teaching interests include African-American, Southern and South Carolina history. Dr. Harris served a six-year term as a member of the Board of Directors of the South Carolina Humanities Council, and has served on the Membership Committee and Minority Committee of the Southern Historical Association. Dr. Harris has published several articles and book chapters on various subjects related to African Americans in agricultural extension programs.

The Ivy Talk will take place on December 14, 2022, from 6:30 pm to 8:00 pm. Click here for more information.

Rocking Around The Boardwalk

PRINCE WILLIAM
Parks, Recreation & Tourism

2 FREE EVENTS!

NEABSCO CREEK REGIONAL PARK
15125 BLACKBURN RD, WOODBRIDGE

BOTH EVENTS RUN THROUGH DECEMBER 31

HOLIDAY WALK OF LIGHTS
FRIDAYS - SUNDAYS | 5:30 - 9 PM
OPENING NIGHT SATURDAY, NOVEMBER 26 | 5:30 - 9 PM

UNIQUE HOLIDAY TREE DISPLAY
KICKOFF EVENT:
SATURDAY, DECEMBER 10| VARIOUS TIMES
REGISTRATION HIGHLY RECOMMENDED

HOLIDAY MUSIC & SELFIE STATION

Fauquier Education Farm Information Session

The Fauquier Education Farm offers a variety of programs, workshops, and classes. In this information session we will be discussing the different agricultural education opportunities available.

Join us Monday, December 5th from 6 to 8 p.m. at the Fauquier County Extension Office at 24 Pelham St # 10, Warrenton, VA 20186

For further questions contact Ashley Goodwin at ashleyg9@vt.edu

FAUQUIER EDUCATION FARM PRESENTS:

THE NORTHERN PIEDMONT BEGINNING FARMER COURSE

THIS 8-WEEK COURSE COVERS:
- RUNNING A FARM BUSINESS
- WHOLE FARM PLANNING
- MARKETING

ALSO INCLUDES:
- SOILS LAB
- PANEL DISCUSSION WITH LOCAL FARMERS
- FARM TOUR AT THE FAUQUIER EDUCATION FARM

Registration Fee: $100 per person or $150 per couple
Class will be in person at the Fauquier Extension Office at: 24 Pelham St # 10, Warrenton, VA 20186

For more information please contact Ashley Goodwin at ashleyg9@vt.edu

PRINCE WILLIAM COUNTY

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Click to Visit Online:
PCW 4-H
Virginia State 4-H
National 4-H

Your Dedicated PWC 4-H Staff

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I AM 4-H PROUD

PWC 4-H Resources

National 4-H
National 4-H Homepage

Virginia 4-H
VCE 4-H
VCE COVID-19 Updates

4-H Online Information
The 4-H Foundation
Educational Resources
4-H All Stars

STEM in Virginia 4-H

Prince William 4-H
PWC 4-H Homepage
PWC 4-H Programs
PWC 4-H Camps
PWC 4-H Events & Calendar

Portfolio Records
Member Record
Cloverbud Sheet
Project Record Ages 9-10
Project Record Ages 11-12
Project Record Ages 13-15
Project Record Ages 16-19

Outstanding Member Form

CLICK HERE FOR THE PW 4-H 2022-2023 CALENDAR

2022-2023 PWC 4-H Association Officers

Youth Officers
Samantha Whysong, President
Vice President - *Vacant*
Treasurer - *Vacant*
Secretary - Vacant

Adult Officers
Susan Wolf, President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Secretary - Vacant

Excellent leadership opportunities to build your resume!

Committee Chairs
Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff

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